

The Nearby Evolved Stars Survey II: Constructing a volume-limited sample and first results from the James Clerk Maxwell Telescope

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ABSTRACT

The Nearby Evolved Stars Survey (NESS) is a volume-complete sample of ~ 850 Galactic evolved stars within 3 kpc at (sub-)mm wavelengths, observed in the CO $J = (2-1)$ and $(3-2)$ rotational lines, and the sub-mm continuum, using the James Clark Maxwell Telescope and Atacama Pathfinder Experiment. NESS consists of five tiers, based on distances and dust-production rate (DPR). We define a new metric for estimating the distances to evolved stars and compare its results to *Gaia* EDR3. Replicating other studies, the most-evolved, highly enshrouded objects in the Galactic Plane dominate the dust returned by our sources, and we initially estimate a total DPR of $4.7 \times 10^{-5} \text{ M}_\odot \text{ yr}^{-1}$ from our sample. Our sub-mm fluxes are systematically higher and spectral indices are typically shallower than dust models typically predict. The 450/850 μm spectral indices are consistent with the blackbody Rayleigh–Jeans regime, suggesting a large fraction of evolved stars have unexpectedly large envelopes of cold dust.

Key words: catalogues – surveys – stars: AGB and post-AGB – stars: mass-loss – stars: winds, outflows.

1 INTRODUCTION

The asymptotic giant branch (AGB) represents the terminal evolutionary stage of low- to intermediate-mass stars ($M \lesssim 8 \text{ M}_\odot$), before they become white dwarfs potentially surrounded by (pre-)planetary nebulae. Particularly in the near- and mid-infrared, AGB stars dominate light from galaxies with intermediate-age and old populations (e.g. Maraston et al. 2006; Melbourne et al. 2012; Riffel et al. 2015), while their ejecta dominates the evolution of light elements (primarily C and N) and many of the *s*-process elements in our present-day Galaxy (e.g. Karakas & Lattanzio 2014).

However, a complex interplay of different physical mechanisms makes the AGB a challenging phase of evolution to model. Thermal

pulses occur as helium burning repeatedly ignites in conditions of thermal instability, allowing convection to dredge carbon-rich matter up from near the degenerate core to the stellar surface (Third Dredge Up (3DU), e.g. Herwig 2005). Repeated dredge-up episodes gradually increase the carbon content in the stars' atmospheres and envelopes, leading to the formation of carbon stars. However, if hot-bottom burning occurs at the dredge-up site, carbon is transmuted into nitrogen, and the star remains oxygen-rich (e.g. Karakas & Lattanzio 2014).

Near-simultaneously, AGB stars become unstable to surface pulsations. These can levitate material from the stellar photosphere to altitudes where molecules can condense into dust. Most of the carbon and oxygen binds into CO, leaving an oxygen-dominated chemistry around most stars, but a carbon-dominated chemistry around carbon stars. The levitated molecules then go on to form

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oxygen-rich or carbon-rich dust. Radiation pressure on this dust forces it from the star, and collisional coupling with the surrounding gas drives an enhanced stellar wind, with a mass-loss rate much greater ($\dot{M} \sim 10^{-7}$ to $10^{-4} M_{\odot} \text{ yr}^{-1}$; e.g. Danilovich et al. 2015) than at earlier evolutionary phases (e.g. Höfner & Olofsson 2018).

The primary unknowns are the 3DU efficiency and the mechanisms determining \dot{M} . Since \dot{M} for thermally pulsating AGB stars generally exceeds the rate of hydrogen burning ($\dot{M}_{\text{H}} \sim 10^{-7}$ to $10^{-6} M_{\odot} \text{ yr}^{-1}$; e.g. Marigo et al. 2008), \dot{M} dictates the star's longevity and the amount of material that is dredged up. Simultaneously, the wind chemistry dictates the dust mass and opacity, hence whether radiation pressure can drive a wind. The two problems are therefore strongly interlinked (e.g. Lagadec & Zijlstra 2008; Utenthaler et al. 2019).

The material ejected by evolved stars contributes to subsequent star formation, shaping the chemical evolution of galaxies. Thousands of dusty evolved stars have been identified in Local Group galaxies with *Spitzer*, highlighting the roles of various sub-populations (e.g. Meixner et al. 2006; Boyer et al. 2011, 2015a, 2017; Britavskiy et al. 2015; Dell'Agli et al. 2016). These galaxies can be studied globally, but gas tracers (including masers; Goldman et al. 2017) are only detectable from the very brightest stars (Groenewegen et al. 2016; Matsuura et al. 2016), for the remainder we can only study the dust. Conversely, molecular lines from evolved stars in the solar neighbourhood can be detected even with modest telescopes. However, Galactic surveys must contend with interstellar extinction, significant confusion, the entire range of on-sky directions, variations of angular size, and high dynamic range.

Collectively, these uncertainties can dramatically affect galaxy evolution. Failing to quantify and characterize mass-loss properly prevents the development of predictive models for population synthesis and galaxy evolution. For example, Pastorelli et al. (2019) covered a range of mass-loss and 3DU prescriptions for the Small Magellanic Cloud (SMC), showing their large impact on the inferred population. Similar calibrations for metal-rich environments, relevant to galaxies such as our own, do not exist, although spectral signatures of AGB stars have been detected in such environments both locally (e.g. Boyer et al. 2019) and out to high redshift (e.g. Maraston et al. 2006).

This paper introduces the Nearby Evolved Stars Survey¹ (NESS): a volume-complete, statistically representative set of AGB stars in the solar neighbourhood. We describe the formulation, objectives, sample selection (Section 2), and observing strategy in Section 3. The sample itself is explored in Section 4, with some first results of the survey presented in Section 5. The raw data will be publicly available on the Canadian Astronomy Data Centre (CADC), while any scripts required to produce reduced data, plots, and tables are available at GitHub and Figshare repositories. The full versions of tables presented in this paper are available on the NESS website and through Vizier.

2 SURVEY DESIGN

2.1 Motivation for a sub-millimetre survey of evolved stars

2.1.1 Available methods

Evolved stars are typically analysed using two tracers: dust and molecular lines. NESS aims to build a coherent picture of mass-loss rates, by comparing these two mass tracers.

Dust-based mass-loss rates scale with the fraction of stellar light reprocessed from the optical to the mid-infrared (and derive the optical depth). This traces warm dust (~ 50 – 1500 K) close to the star. The scaling factor depends on the distance and luminosity of the star, and requires assumptions on the expansion velocity (e.g. from CO lines or OH masers) of the wind and its radial profile, how strong the dynamical coupling between dust and gas is, the wind's geometry and clumpiness, the dust-to-gas ratio, and various geometrical, chemical, and mineralogical properties of the dust grains (e.g. van Loon 2006; McDonald et al. 2011c; Jones et al. 2014), as these factors all influence how stellar radiation is reprocessed by the outflowing dust.

By contrast, gas mass-loss rates from radio or (sub)millimetre wavelength observations can directly yield the wind's velocity and density structure. This simplifies the scaling factors, requiring only the unknown but modellable excitation conditions of the observed molecule and its abundance in the wind. Of the abundant molecules, CO is expected to be the most stable, with a consistent abundance of $\sim 10^{-4}$ with respect to molecular hydrogen across a range of mass-loss rates and chemistry (e.g. Schöier, Ryde & Olofsson 2002; Ramstedt et al. 2008; De Beck et al. 2010; Danilovich et al. 2015), though it will be lower in metal-poor environments (e.g. Leroy et al. 2011).

The gaseous envelope ejected over the last few millennia is cold (kinetic temperatures are a few $\times 10$ K). With energies of $E_{\text{u}}/k = 5$ – 50 K, (Pickett et al. 1998), low- J pure-rotational transitions of CO are sensitive to the molecular content of the entire cold envelope, particularly the outer regions (Kemper et al. 2003). Many of these transitions fall in the (sub-)mm atmospheric windows, facilitating ground-based observation. Time-scales of $\sim 10\,000$ yr can be probed (Mamon, Glassgold & Huggins 1988; Groenewegen 2017; Saberi, Vlemmings & De Beck 2019), and time variability in mass-loss rates can sometimes be uncovered (e.g. Olofsson et al. 1990; Decin et al. 2006; Maercker et al. 2010; Guélin et al. 2018; Dharmawardena et al. 2019).

To generate dust-based estimates comparable to \dot{M} from CO lines, we must therefore probe the bulk of the dust mass, which is likely to be at similarly cold temperatures to the gas seen in low-excitation CO lines. The sub-mm continuum traces emission from the coldest dust, at similar temperatures as the low- J CO lines.

2.1.2 Context of existing studies

CO-based mass-loss rates have successfully been exploited by a wide range of studies. However, these are all either limited in scope or exhibit biases that make comparative statistics difficult.

Many existing studies focus on the brightest AGB stars with the highest mass-loss rates. 'Extreme' mass-losing stars often dominate the dust budget of galaxies (e.g. Boyer et al. 2012; Riebel et al. 2012; Srinivasan et al. 2016), and are thus observed to explore these rapid and catastrophic evolutionary phases, and to constrain the dust budget of galaxies. However, strong mass-loss ($\dot{M} \gtrsim 10^{-6} M_{\odot} \text{ yr}^{-1}$) only occurs during the final stages of the AGB evolution of higher mass AGB stars, hence observing them misses the mass-loss that occurs in lower-mass AGB stars, or earlier on in AGB evolution, frustrating efforts to quantify these final stages in evolutionary models and biasing our understanding of chemical enrichment. In particular, very few AGB stars have been observed in the early phases of their dusty wind production, or before strong dust-production starts (Groenewegen 2014; Kervella et al. 2016; McDonald et al. 2016, 2018), despite these being both numerically the most numerous AGB

¹<http://evolvedstars.space>

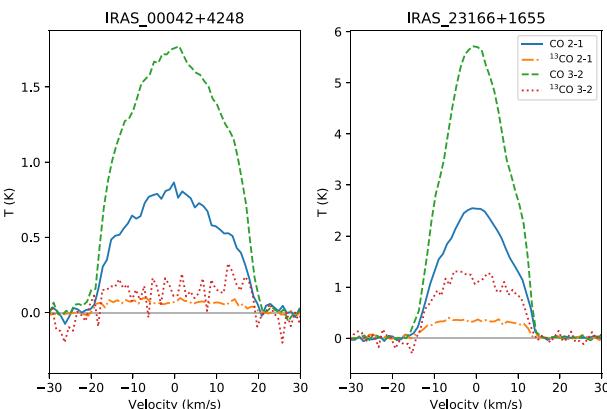


Figure 1. Examples comparing main-beam temperatures of ^{12}CO and ^{13}CO lines for two sources: KU And (left-hand panel) and AFGL3068 (right-hand panel), both of which are in Tier 3. All four lines are clearly detected at high significance.

stars in most galaxies (e.g. Boyer et al. 2015a, b) and the terminal phase of the AGB for low-mass stars (e.g. McDonald & Zijlstra 2015a).

Other samples offer volume completeness, but only of specific types of targets, such as only carbon stars (Olofsson et al. 1993) or S-type stars (where C/O ~ 1 ; e.g. Sahai & Liechti 1995; Groenewegen & de Jong 1998; Ramstedt, Schöier & Olofsson 2009). These samples can be compared (e.g. Ramstedt et al. 2009), but the different relative sizes, completenesses, and volumes of these samples make it difficult to draw robust comparative statistics.

Most of these studies are relatively modest, comprising typically of tens of stars (e.g. Neri et al. 1998; Kemper et al. 2003; Teyssier et al. 2006; Dharmawardena et al. 2018; McDonald et al. 2018), and studies with larger samples of up to ~ 100 stars (e.g. Zuckerman, Dyck & Claussen 1986; Zuckerman & Dyck 1986a, 1986b, 1989; Kastner et al. 1993; Loup et al. 1993; Kerschbaum & Olofsson 1999; Olofsson et al. 2002) typically have tens of detections. Nyman et al. (1992) detected some 160 out of ~ 500 IRAS-identified evolved stars in CO $J = 1-0$, but did not target a complete sample or full sky coverage, and had relatively low detection rates due to a lack of sensitivity; while Nyman et al. (1992) had $T_{\text{sys}} \sim 400-1000$ K, the JCMT routinely observes with $T_{\text{sys}} \lesssim 100$ K enabling a factor of 3 or more improvement in sensitivity. This made it difficult for previous studies to accurately extract trends across the complex parameter space of AGB evolution, and to be robust against statistical outliers. This motivates the need for a volume-complete survey of nearby AGB stars, of sufficiently large scale to extract relationships that can improve comparative and evolutionary studies.

The optimal observational setup depends strongly on the spatial scale to be recovered. While the CO $J = 1-0$ line has historically been the easiest to observe (e.g. Nyman et al. 1992), the large beam sizes and resultant contamination by cold interstellar gas and dust mean that the ^{12}CO $J = 2-1$ and $3-2$ transitions (230.538 and 345.796 GHz, respectively) and sometimes the related ^{13}CO transitions (220.399 and 330.588 GHz, respectively) are generally chosen to observe AGB stars (e.g. Fig. 1). Higher spatial resolution can be obtained with interferometers, but pressure on these instruments prohibits very large programmes at high sensitivity, and emission can be filtered out at large scales due to incomplete filling of the uv plane. Large single-dish telescopes provide high sensitivity without filtering out emission. In particular, the James Clerk Maxwell Telescope (JCMT, 15 metre diameter, with resolutions of 21 arcsec/ 14 arcsec

at 230/345 GHz, respectively) and Atacama Pathfinder EXperiment (APEX, 12 metre diameter, 25 arcsec/ 17 arcsec), equipped with multibeam detector arrays, provide high mapping speeds capable of observing hundreds of stars, efficiently revealing historic mass-loss through extended emission, while the observing methods employed ensure that all the flux is captured.

By making this selection, the NESS project is performing a wide survey of a large number of AGB stars, ~ 850 , albeit at the cost of recovering limited spatial information about the envelope of each one. This places NESS as the widest project, with strong synergies to other, ongoing large observing programmes. At medium spatial resolutions (5'.5/3–4 arcsec) with only slight expense of uv coverage (maximum recoverable scale, MRS ~ 25 arcsec/18 arcsec) and sample size (~ 180 stars), is the Morita (Atacama Compact Array) survey DEtermining Accurate mass-loss rates for THermally pulsing AGB STARS (DEATHSTAR; Ramstedt et al. 2020²). Finally, at the highest resolutions (0.05–0.025 arcsec/0.03–0.016 arcsec) of the main Atacama Large Millimeter/submillimeter Array (ALMA), is the project ‘ALMA Tracing the Origins of Molecules forming dust In Oxygen-rich M-type stars’ (ATOMIUM; Decin et al. 2020³), which includes 14 nearby AGB stars and red supergiants.

2.2 Survey aims

NESS aims to: (i) study the rate and properties of the enriched matter returned to the ISM by evolved stars; and (ii) explore the physics of dust-laden stellar winds, particularly their onset and time evolution, through the following objectives.

The statistics of local evolved stars. Our homogeneous, volume-complete sample of AGB stars allows largely unbiased relationships between observables. To benefit, we aim to generate homogeneous parameters for our sample.

The return of enriched material to the Solar Neighbourhood. The initial-to-final mass relation for stars is relatively well-known, but the fraction lost via a dust-laden, chemically enriched AGB wind is not. Hence, the dust-injection rate returned to the Milky Way ISM is poorly determined (e.g. Jura & Kleinmann 1989). In parallel with wider analysis of all-sky surveys (Trejo et al., in preparation) and using chemical, morphological, and other calibrative input from other surveys like DEATHSTAR and ATOMIUM, the volume-complete, tiered nature of NESS aims to calibrate the contribution to the ISM by evolved stars at different stages along the AGB evolution, including better calibration of the relative contributions of carbon- and oxygen-rich stars (by including sources further from the Sun than previous studies, hence obtaining a fairer picture of our Galactic environment), and better statistics on lower luminosity and lower mass-loss rate objects that have been missed by previous studies.

The dust-to-gas ratio in AGB winds. The best systematic study of this ratio to date (Knapp 1985) had low sensitivity to both high and low \dot{M} sources. NESS specifically targets such sources and infers whether variations in the dust-to-gas ratio exist among stars of different evolutionary phase and chemical type.

$^{13}\text{CO} / ^{12}\text{CO}$ abundances. The $^{13}\text{C}/^{12}\text{C}$ ratio probes dredge-up efficiency (e.g. Greaves & Holland 1997). NESS sample will provide an order-of-magnitude increase in the number of AGB stars for which ^{13}CO observations have been made (cf. Greaves & Holland 1997; De Beck et al. 2010; Ramstedt & Olofsson 2014). The newly

²<http://www.astro.uu.se/deathstar>.

³<https://fys.kuleuven.be/ster/research-projects/aerosol/atomium>.

observed sources will largely comprise of M-type stars, as these dominate AGB stars in the solar neighbourhood. The 3DU process in such stars has not yet been sufficiently active to enhance their C/O ratios close to unity, when they become observationally S-type stars showing ZrO bands (e.g. Smolders et al. 2012). This not only allows us to explore the poorly quantified effect on ^{13}C of earlier mixing processes (notably mixing on the upper RGB and second dredge-up, e.g. Karakas & Lattanzio 2014), but potentially allows us to do so in a mass-dependent way, by linking stars to evolutionary models of specific masses (e.g. Trabucchi et al. 2021). Through this process, and in combination with other tracers such as Tc (e.g. Utenthaler et al. 2019), we can also hope to probe the onset of 3DU among AGB stars.

A new mass-loss law for solar-metallicity AGB stars. The physical complexity of mass-loss means empirical formulae are used in stellar-evolution models (e.g. Dotter et al. 2008; Paxton et al. 2011; Bressan et al. 2012). These have limited ranges of validity and suffer from systematic uncertainties, caused by small sample sizes, the accuracy of the input stellar properties, or the conversion from dust opacity to \dot{M} . NESS covers the entire gamut of dust-producing AGB stars found in the solar neighbourhood, and directly measures \dot{M} from gas tracers. We can more directly relate \dot{M} to observable stellar parameters, and link it with those at subsolar (e.g. Boyer et al. 2015a; McDonald & Zijlstra 2015b; McDonald & Trabucchi 2019) and supersolar (e.g. van Loon, Boyer & McDonald 2008; Miglio et al. 2012) metallicities, to provide a single law for stellar evolution modellers.

Spatially resolved mass-loss and irradiation of AGB envelopes. Temporal and geometric variations in mass-loss can be traced by mapping the distribution of ejecta around AGB stars. Irradiation of envelopes dissociates CO (Mamon et al. 1988), so mapping the extent of the CO and dust envelopes allows NESS to reveal how ejecta of stars is influenced by their surroundings.

Revealing cold dust. Cold dust represents a key probe of the historic mass-loss and the properties of the dust; see Section 4.4. Mapping sources in the sub-mm continuum allows NESS to reveal this dust for a wide variety of sources and explore the evolution of AGB dust grains as they enter interstellar space.

2.3 Sample selection

2.3.1 Determining distances

We require a large, volume-complete sample of Galactic evolved stars covering the largest possible range of \dot{M} , homogeneously observed in both CO lines and continuum, aiming to minimize biases. Defining the sample volume depends critically upon our ability to determine distances. Unfortunately, while distance estimates are rapidly improving, distances to Galactic evolved stars remain poor. We must make assumptions, and revisit the volume-completeness of the NESS survey in future, ultimately allowing us to complete our survey aims.

Where observed, maser parallax provides the most exquisite precision, but only evolved stars with the highest \dot{M} exhibit the maser transitions required. We have included maser distances as our preferred choice where available (e.g. Orosz et al. 2017).

Convective motions and dust obscuration can move the astrometric centres of AGB stars in the optical, introducing significant astrometric noise to optical parallax measurements (e.g. Chiavassa, Freytag & Schultheis 2018). Similarly, AGB stars are poorly captured by the prior model used in Bailer-Jones et al. (2018). Consequently, data from *Gaia* DR2 (Gaia Collaboration 2018) were not used (*Gaia*

EDR3 is addressed below), as they rely solely on short time-scale *Gaia* data (see McDonald et al. 2018 for further discussion). Instead, we adopt the parallaxes from the *Tycho–Gaia* Astrometric Solution (TGAS) of *Gaia* Data Release 1 (DR1) (Gaia Collaboration 2016) as our next preference, followed by the *Hipparcos* parallaxes (van Leeuwen 2007), provided their fractional uncertainty is small ($\sigma_{\varpi}/\varpi < 0.25$).

Other distance-determination methods typically only apply to a small subset of AGB stars; e.g. period–luminosity relationships can only be used if the pulsation mode and mean magnitude are known (e.g. Utenthaler 2013; Huang et al. 2018; Yuan et al. 2018; Goldman et al. 2019), as overlap between different sequences and scatter from single-epoch photometry can confuse measurements.

Instead, we take a statistical approach to missing distances, using the luminosity distribution of evolved-star candidates in the Large Magellanic Cloud (LMC), taken from the *Spitzer* Surveying the Agents of Galactic Evolution (SAGE) data base (Meixner et al. 2006), accounting for the geometry and thickness of the LMC. The luminosity of each star is determined by integrating its SED from the optical to the far-infrared and the luminosities of all sources are combined to give a probability distribution, from which we extract the median and the central 68 per cent. This gives a ‘typical’ luminosity and uncertainty of $6200^{+2800}_{-3900} \text{ L}_\odot$ for the LMC population.

Assuming that AGB stars in the solar neighbourhood have sufficiently similar luminosities to stars in the LMC, we can apply this same luminosity distribution to derive a probabilistic distribution of distances to individual Galactic sources. A galaxy’s luminosity distribution is mainly set by its star-formation history, as the final AGB luminosity depends on initial mass. Secondary effects include variation in mass-loss, stellar evolution, and the initial-mass function with metallicity. To test this assumption, we compare the AGB luminosity functions of the LMC and SMC to each other, and to the solar neighbourhood. No significant difference is seen (e.g. fig. 15 in Srinivasan et al. 2016). The spread in median luminosity, 17 per cent (Boyer et al. 2015a; McDonald, Zijlstra & Watson 2017), indicates a systematic galaxy-to-galaxy error of 8.5 per cent in this distance-based method. In comparison, the intrinsic width of the luminosity distribution corresponds to a distance uncertainty of ≈ 25 per cent. Consequently, we expect any galaxy-to-galaxy differences to produce much smaller systematic uncertainties than the random uncertainties inherent in the measurement itself (see also Section 2.3.7). We therefore use this LMC luminosity distribution and photometry from infrared all-sky surveys to determine distances to Galactic sources where parallaxes from optical or maser astrometry are unavailable or imprecise.

Such a luminosity-based, volume-limited survey is subject to forms of Malmquist bias (Malmquist 1925), whereby many sources from larger distances scatter into our distribution, while only a few sources from smaller distances scatter out. The \dot{M} cutoffs that define our tiers (below) further re-enforce this bias, ensuring distant objects scattering into the sample are assigned anomalously high mass-loss rates, hence are placed into more extreme categories of mass-loss. Furthermore, parallax errors generate a Lutz–Kelker bias (Lutz & Kelker 1973), preferentially scattering sources into our sample for the same reasons. Hence, while the distances to our sources undergo frequent revision, we expect our samples to be relatively robust against obtaining larger data sets in future, though ultimately some sources may no longer meet our distance criteria. A small Malmquist bias in the LMC sample cancels out some of these effects, but AGB stars in the SAGE data are bright enough that this is largely negligible. In the following sections, we attempt to reduce these biases in our data.

2.3.2 Object selection

The *Infrared Astronomical Satellite (IRAS)* point-source catalogue (Beichman et al. 1988) is our fiducial reference for source selection. *IRAS* photometry were matched against the 2MASS catalogue (Cutri et al. 2003) to find the nearest neighbour within 30 arcsec, providing homogeneous near- and mid-infrared photometry for all sources. The photometry were then integrated numerically to estimate the bolometric fluxes of the sources; we then compute the distribution of distances as that required to scale the bolometric flux to the LMC luminosity distribution. The 50th centile luminosity (6200 L_{\odot}) is chosen as representative, so that we have a point-distance estimate for each source following the constraints described below in Sections 2.3.4 and 2.3.5. In order to restrict their sample to stars with mass-loss rates $> 2 \times 10^{-6} M_{\odot} \text{ yr}^{-1}$, Jura & Kleinmann 1989 select sources with a minimum *IRAS* 60 μm flux of 10 Jy at 1 kpc. In their work as in ours, the mass-loss rates are computed from the dust-production rates assuming a gas-to-dust ratio of about 200. Their limit therefore corresponds to a DPR of $1 \times 10^{-8} M_{\odot} \text{ yr}^{-1}$. Extending this criterion to 2 kpc, we select sources brighter than 2.5 Jy, thus reducing the full point-source catalogue to $\sim 60\,000$ sources. This removes most extragalactic sources and less-evolved stars, and is set sufficiently high that it avoids strong effects from Malmquist bias. We consider the effects of this choice on completeness in Section 2.3.8.

To this sample, we add evolved stars within 300 pc from McDonald, Zijlstra & Boyer (2012) and McDonald et al. (2017), which would otherwise have been excluded by the *IRAS* 60 μm flux cut mentioned above. Stars were added if they have $T_{\text{eff}} < 5500 \text{ K}$ and $L > 700 L_{\odot}$, and if their *Hipparcos* or TGAS parallaxes have fractional uncertainties of $\sigma_{\varpi}/\varpi < 0.25$ (560 sources meet these criteria). This cutoff matches the expected accuracy of our luminosity-based distances and avoids strong effects from Lutz–Kelker bias.

Since $\sim 60\,000$ sources are beyond our capability to observe, we design a tiered system to observe representative samples of them, selected from a plane of DPR versus distance, using first-order estimates of the DPR outlined in Section 2.3.3, and cuts outlined in Section 2.3.4. This results in a set of 2277 potential targets, from which sources with SIMBAD⁴ classifications that are inconsistent with dusty evolved stars are removed.⁵ Of the 852 remaining sources in our final sample (defined below), only nine have maser distances available, and seven and 193 respectively have TGAS and *Hipparcos* measurements with uncertainties < 25 per cent. All remaining sources use luminosity distances.

2.3.3 Determining preliminary mass-loss rates

We fit the matched photometry in the 2MASS J , H , and K_s bands and the *IRAS* 12, 25, and 60 μm bands with models from the Grid of Red supergiant and AGB ModelS (GRAMS; Sargent, Srinivasan & Meixner 2011; Srinivasan, Sargent & Meixner 2011) and extract dust-production rates (\dot{M}_{dust}) for the entire sample. \dot{M}_{dust} is thus used as a criterion to define a tiered survey, limited in distance and \dot{M}_{dust} as described in Section 2.3.4. Our source lists are additionally divided into two groups, a large set to be observed in spatially unresolved

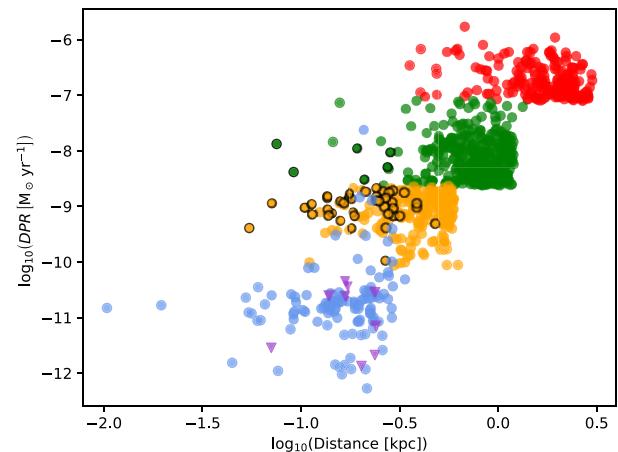


Figure 2. The NESS sample in distance – dust-production rate space. The colours correspond to the different survey tiers (Purple: tier 0 (DPRs are upper limits); Blue: tier 1; Orange: tier 2; Green: tier 3; Red: tier 4); points with black outlines indicate sources selected for mapping.

modes (the ‘staring’ sample) and a smaller group to be mapped in detail (the ‘mapping’ sample).

GRAMS is tailored to the LMC, and the assumed dust properties reflect its metal paucity (i.e. the relative abundance of different dust species may be marginally different in Galactic sources; e.g. Srinivasan et al. 2010). However, for the broad-band photometry used here, this should provide sufficient precision to perform sample selection. Under certain assumptions of velocity scaling, dust opacity and dust-to-gas ratio, \dot{M}_{dust} should provide a close proxy to total mass-loss rate, \dot{M} : an assumption that NESS will test (Section 4). While GRAMS also returns a best-fitting chemical classification (O- or C-rich), the seven bands of photometry used in this paper are insufficient to accurately constrain the dust chemistry. Given that M-stars are vastly more numerous in the Milky Way, we therefore assume that each source is oxygen-rich unless there is spectroscopic confirmation of C-rich dust chemistry from either the *IRAS* LRS or *ISO* SWS spectra, with the *ISO* SWS classification from Kraemer et al. (2002) taking precedence over *IRAS* LRS classifications from Kwok, Volk & Bidelman (1997). This assumption applies only to the determination of initial DPRs and is necessary because the choice of dust chemistry can make a significant difference to the derived DPR. We demarcate these unclassified sources separately below.

2.3.4 Staring sample

Using the distances and dust-derived \dot{M} derived above, we define five subsamples of sources to be observed (Fig. 2). These samples are defined in terms of increasing distance and \dot{M}_{dust} .

(i) Tier 0 (or ‘very low’ DPR sources) is a special addition of ten sources with $L \geq 1600 L_{\odot}$, $d < 250 \text{ pc}$, and $\delta \geq -30 \text{ deg}$, without limit on \dot{M}_{dust} , drawn from McDonald et al. (2012, 2017). This tier explores mass-loss from bright red giant branch (RGB) and AGB stars not producing dust. Nine more sources at $\delta \leq -30 \text{ deg}$ meet these criteria, but have not yet been scheduled for observation by NESS. One (SX Pav) has been published already (McDonald et al. 2018).

(ii) Tier 1 (‘low’; 105 sources) includes all sources with $\dot{M}_{\text{dust}} < 10^{-10} M_{\odot} \text{ yr}^{-1}$ at $d < 300 \text{ pc}$, and samples the AGB stars with the lowest \dot{M}_{dust} . Sources were only included if there was a 3σ dust

⁴<http://simbad.u-strasbg.fr/>

⁵To measure mass return, we are primarily interested in sources with non-negligible ongoing or past mass-loss, i.e. for low- and intermediate-mass stars, those on the early-AGB up to and including planetary nebulae (PNe), and for high-mass stars red supergiants (RSGs), yellow hypergiants (YHGs), B[e] supergiants (B[e]SGs), luminous blue variables (LBVs) and Wolf-Rayet stars (WRs).

Table 1. Table of NESS sources showing first 10 sources to demonstrate the format of the data. A larger table is available online. The sources of the distances are indicated with M = maser parallax, H = *Hipparcos* parallax, G = *Gaia*/TGAS parallax, and L = luminosity distance. The chemical types are derived from spectroscopy as described in Section 2.3.

IRAS PSC #	SIMBAD ID	2MASS ID	α (J2000.0)	δ (J2000.0)	d (kpc)	Dist. type	\dot{M}_{dust} ($M_{\odot} \text{ yr}^{-1}$)	Chem type	NESS tier	Mapping
IRAS 00042+4248	V* KU And	00065274+4305021	00 06 52.75	+43 05 02.25	0.54	L	1.7×10^{-8}	O	3	0
IRAS 00084-1851	V* AC Cet	00105796-1834224	00 10 57.95	-18 34 22.55	0.29	H	2.1×10^{-10}	C	1	0
IRAS 00121-1912	V* AE Cet	00143841-1855583	00 14 38.42	-18 55 58.31	0.14	H	7.5×10^{-12}	-	1	0
IRAS 00192-2020	V* T Cet	00214626-2003291	00 21 46.27	-20 03 28.88	0.27	H	5.2×10^{-10}	O	2	1
IRAS 00193-4033	V* BE Phe	00214742-4017155	00 21 47.42	-40 17 15.47	0.92	L	7.1×10^{-8}	O	3	0
IRAS 00205+5530	V* T Cas	00231427+5547332	00 23 14.27	+55 47 33.21	0.29	L	1.5×10^{-9}	O	2	1
IRAS 00213+3817	V* R And	00240197+3834373	00 24 01.95	+38 34 37.35	0.43	L	4.9×10^{-9}	S	3	0
IRAS 00245-0652	V* UY Cet	00270644-0636168	00 27 06.45	-06 36 16.87	0.45	L	1.2×10^{-9}	O	2	0
IRAS 00247+6922	V* V668 Cas	00274110+6938515	00 27 41.13	+69 38 51.61	0.94	L	1.2×10^{-8}	C	3	0
IRAS 00254-1156	V* AG Cet	00280053-1139318	00 28 00.55	-11 39 31.68	0.24	H	4.2×10^{-13}	-	0	0

excess in the GRAMS models, or if the source has an infrared excess in McDonald et al. (2012) or McDonald et al. (2017).

(iii) Tier 2 ('intermediate'; 222 sources) contains all sources with $10^{-10} \leq \dot{M}_{\text{dust}} < 3 \times 10^{-9} M_{\odot} \text{ yr}^{-1}$ and $d < 600$ pc, excluding the Galactic plane ($|b| < 1.5$) for $d > 400$ pc;

(iv) Tier 3 ('high'; 324 sources) consists of all sources with $3 \times 10^{-9} \leq \dot{M}_{\text{dust}} < 10^{-7} M_{\odot} \text{ yr}^{-1}$ and $d < 1200$ pc, excluding the Galactic plane for $d > 800$ pc; and

(v) Tier 4 ('extreme'; 182 sources) comprises all sources with $\dot{M}_{\text{dust}} \geq 10^{-7} M_{\odot} \text{ yr}^{-1}$ and $d < 3000$ pc, excluding the Galactic plane for $d > 2000$ pc.

These tier limits result in each of Tiers 1–4 containing enough objects (>100) to adequately establish the typical range of properties of AGB winds within that tier, while the limit of $L \geq 1600 L_{\odot}$ approximates the typical luminosity at which dust-production begins for the lowest mass stars (e.g. McDonald et al. 2011c, b, 2014). Sources in Tier 4 are poorly classified in the literature, so are more likely to be contaminants. The NESS survey aims to improve on these objects' classifications. Since the original selection, updated distances for some sources have shifted their locations in Fig. 2.

Of the entire sample of 852 sources, Table 1 gives the first ten entries, sorted by right ascension, to demonstrate the information included and its format. For each source, we report the distance used, the source of this distance, the GRAMS best-fitting \dot{M} , and classifications based on *IRAS* LRS or *ISO* SWS spectra when available. The S-star classifications are from Sloan & Price (1998), Yang et al. (2007), and Hony et al. (2009), with the Hony et al. (2009) classifications taking precedence. The full interactive table, available at <https://evolvedstars.space>, represents the initial state of the NESS catalogue. Future data releases will attach the stellar parameters assumed and NESS data products to each source. Fig. 3 illustrates the sky distribution.

We find that the CO studies discussed above in Section 2.1.2 detect only 204 of the 852 NESS targets (less than 25 per cent) in either or both of the CO $J = 2-1$ and $J = 3-2$ transitions. Fig. 4 shows that the NESS survey will extend these observations to the sources with least dust content, which are almost completely missing in previous studies. Furthermore, NESS will provide a four-to-five-fold improvement in the statistics at $\text{DPR} \geq 5 \times 10^{-9} M_{\odot} \text{ yr}^{-1}$ and at distances greater than 600 pc.

2.3.5 Mapping sample

In addition, 46 of the nearer sources in the staring sample with significant dust production were selected for mapping on arcminute

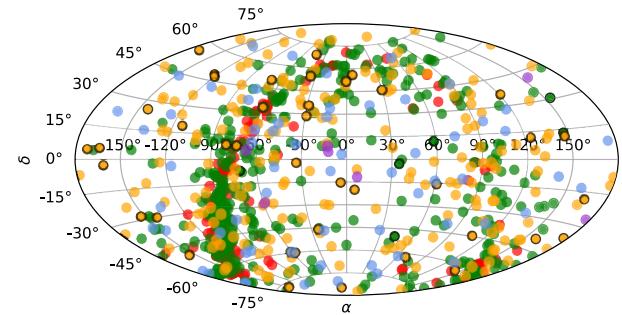


Figure 3. Sky distribution of NESS sources, using the same colour scheme as Fig. 2.

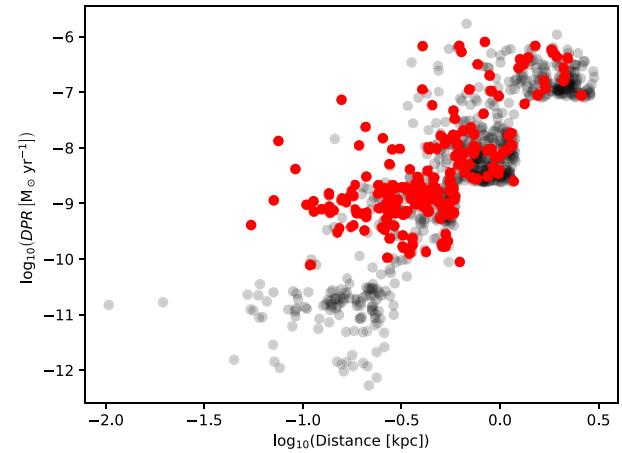


Figure 4. The NESS sample as in Fig. 2 (shown in grey) highlighting sources with detections in CO(2–1) or (3–2) from previous surveys (red).

scales (black circles in Fig. 2). These comprise stars outside the Galactic Plane ($|b| \geq 1.5$ deg) with $\dot{M}_{\text{dust}} > 5 \times 10^{-10} M_{\odot} \text{ yr}^{-1}$ and $d < 340$ pc, which are bright and whose CO envelopes have a large predicted angular size ($\gtrsim 20$ arcsec, based on Mamon et al. 1988). Although the GRAMS best-fitting prediction for U Ant was lower than the cutoff, it is known to have an extended envelope in the FIR (e.g. Kerschbaum et al. 2010), such that GRAMS underestimates the DPR. It has been published separately as Dharmawardena et al. (2019). Seven sources satisfying these criteria were not selected into the mapping sample; they will be folded in as part of future proposals to complete this set.

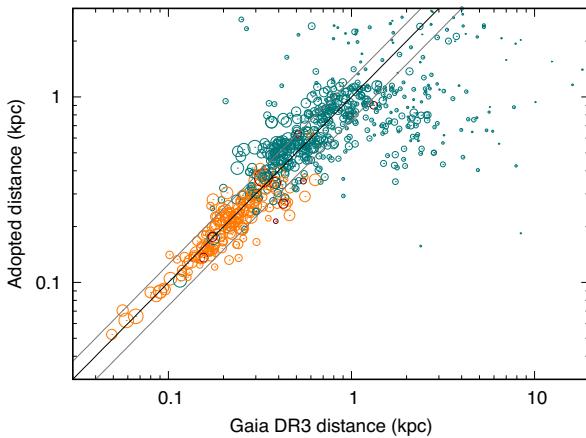


Figure 5. Comparison of adopted distances and distances from *Gaia* EDR3 parallaxes. Colours represent adopted distances from masers (dark red), parallax from *Hipparcos* or TGAS (orange), and luminosity distances (cyan). Diagonal lines represent parity and ± 25 per cent, i.e. the anticipated uncertainty of our luminosity distances. Point area is proportional to precision in *Gaia* DR3 parallax ($\sigma_w/\sigma_{w, \text{adopted}}$, i.e. bigger points have better *Gaia* precision).

2.3.6 Archival sub-mm data

Many stars in our sample have existing JCMT or APEX observations of the (2–1) and (3–2) transitions of ^{12}CO and ^{13}CO , or existing JCMT continuum data from SCUBA-2, and we use these archival data rather than re-observing these sources. Data from JCMT/SCUBA and APEX (both LABOCA and SABOCA) at the same wavelengths are not included because the fields of view are much smaller.

2.3.7 Gaia EDR3

Gaia Early Data Release 3 (EDR3) occurred during the refereeing process of this paper. Its 34-month timespan (comparable to that of individual *Hipparcos* stars) significantly reduces astrometric noise compared to DR2, improving parallaxes for nearby evolved stars. While this improves the distances of many of our sources, we here retain the distances used to define the membership of our catalogue tiers for self-consistency, and defer decisions on individual distances to a dedicated catalogue paper (McDonald et al., in preparation).

Meanwhile, we compare the *Gaia* EDR3 distances to those used to select our sources. To identify *Gaia* EDR3 cross-matches to our *IRAS* sources, we selected *Gaia* sources within 3 arcsec of the SIMBAD coordinates, provided they had red *Gaia* colours ($B_P - R_P > 1$ mag; 771 sources cross-matched), and compute distances for these by naïvely inverting the parallax (see comments below).

As *Gaia* EDR3 is largely independent of our source data (only a few sources were selected using TGAS parallaxes), this comparison tests the accuracy of our distance-selection methods. Fig. 5 shows a good correlation overall. The scatter comes from the combined errors in the *Gaia* EDR3 and adopted distance data. We assume they are uncorrelated, thus

$$\sigma [\text{Gaia/adopted}] \approx \sqrt{\left(\frac{\sigma_{\text{Gaia}}}{d_{\text{Gaia}}}\right)^2 + \left(\frac{\sigma_{\text{adopted}}}{d_{\text{adopted}}}\right)^2}. \quad (1)$$

A long tail of sources towards large *Gaia* distances, caused by parallaxes with large fractional errors, skews the sample from a normal distribution. Some of these stars could be RSGs. However, this long tail continues into negative parallaxes for 31 sources

(3 percent), four of which are statistically significant at the $4-6\sigma$ level. A further 47 sources have a *Gaia* cross-match with no determined parallax. Many sources in this long tail have astrometric noise exceeding the parallax itself, showing photo-centric motion is still a significant issue for AGB stars in *Gaia* EDR3.

A few sources also scatter to lower *Gaia* distances than expected, mostly in Tier 2. Some may be RGB stars, which are not contained in the prior luminosity function from the LMC. However, their inclusion requires detectable infrared excess, which is generally not observed in RGB stars (e.g. McDonald et al. 2011a). As the distribution is markedly non-Gaussian at both under- and overestimated distances, we investigate the central 68th centile of the distribution of the three σ terms in equation (1), rather than their standard deviation. This avoids detailed treatment of stars with poor, zero, and negative parallaxes, as these are rare or non-existent within the central 68th centile.

Where the *Hipparcos* parallax is the adopted distance measure, $\sigma[\text{Gaia} / \text{Hipparcos}] = 0.16$. These are typically close stars (median *Hipparcos* distance = 209 pc), with low astrometric noise, and the quadrature addition of fractional parallax errors (equation 1) is only slightly more than the value of 0.12 expected from the quoted astrometric uncertainties of the *Hipparcos* and *Gaia* surveys.

Beyond ~ 400 pc, imprecise historical parallaxes become replaced by luminosity distances. In tier 2 (including four sources with luminosity distances from tier 1), $\sigma[\text{Gaia} / \text{adopted}] = 0.36$, on average, for a median adopted distance of 477 pc. Similar numbers for tiers 3 and 4 are 0.45 (849 pc) and 0.84 (2121 pc). If we first assume $\sigma_{\text{adopted}}/d_{\text{adopted}} = 0.25$, then we can approximate the true uncertainty in *Gaia* EDR3 for tiers 2, 3, and 4 as $\sigma_{\text{Gaia}}/d_{\text{Gaia}} = 0.26$, 0.38 and 0.80, respectively.

While $\sigma_{\text{adopted, lum}}$ should be largely invariant with true distance, σ_{Gaia} should increase linearly with true distance. We can enforce this by setting $\sigma_{\text{adopted, lum}} = 0.316$. However, the extremity of our sources (thus their astrometric noise) does increase with distance, while their brightness decreases as they become more optically obscured, and they become more crowded as they concentrate closer to the Galactic plane (Section 4.1). Consequently, σ_{Gaia} will increase with distance, $\sigma_{\text{adopted, lum}} = 0.316$ can be treated as an upper limit, and we estimate that our adopted value ($\sigma_{\text{adopted, lum}} = 0.25$) is approximately correct.

We can also assume that the ratio of *Gaia* EDR3 distances to luminosity distances should have a median of unity within each tier.⁶ Where we have adopted maser distances, the median $d_{\text{adopted, maser}}/d_{\text{Gaia}} = 0.80$ with a standard error of 0.17. Where we have adopted parallaxes, $d_{\text{adopted, plx}}/d_{\text{Gaia}} = 0.97 \pm 0.03$. Finally, for our luminosity-based distances in tiers 2, 3, and 4, respectively, $d_{\text{adopted, lum}}/d_{\text{Gaia}} = 0.98 \pm 0.07$, 0.85 ± 0.07 , 1.02 ± 0.26 . While this generates a 2.0σ outlier for tier 3, the sample overall is in statistical agreement with $d_{\text{adopted, lum}}/d_{\text{Gaia}} = 1$. Hence we consider there to be no discernable systematic offset between our adopted distances and the true distance, despite the varying and competing effects of Malmquist and Lutz–Kelker biases in the Galactic and LMC samples, and the differing properties of the two galaxies.

⁶We have not performed the parallax bias correction of Lindegren et al. (2021). Of the 771 *Gaia* EDR3 cross-matches, only 183 have solution types or colours within the range where these corrections are valid. For these remaining sources, the correction requires an accurate and invariant colour and magnitude, hence a detailed treatment of the epoch photometry, to be precise. The corrections for these 183 sources based on their given colours and magnitudes are fairly small (< 52 mas and < 9.6 per cent in 95 per cent of cases) and less than the parallax error in all but five cases. Consequently, we ignore the correction.

Table 2. Summary of observing strategy.

Subsample	Continuum	Strategy	345 GHz	230 GHz
Tier 0	–	–	CO: 0.003 K T_A^* $^{13}\text{CO}^a$: 0.003 K T_A^*	
Tier 1	850: 3 mJy beam $^{-1}$ 450: no constraint	–	CO: 0.01 K T_A^* $^{13}\text{CO}^a$: 0.01 K T_A^*	
Tier 2–4	850: 3 mJy beam $^{-1}$ 450: no constraint	CO: 0.025 K T_A^* $^{13}\text{CO}^a$: if CO detected $\geq 0.3 \text{ K } T_A^*$	CO: 0.01 K T_A^* $^{13}\text{CO}^a$: 0.01 K T_A^*	
Mapping	850: 1.5 mJy beam $^{-1}$ 450: no constraint	CO: 0.07 K T_A^* No $^{13}\text{CO}^a$	CO: 0.07 K T_A^* No $^{13}\text{CO}^a$	

Note. a ^{13}CO data may be observed ‘for free’ in the lower sideband of observations with APEX or ‘ \bar{U} ’.

2.3.8 Completeness

Since a substantial part of the infrared emission of high-mass-loss-rate AGB stars is from the dust, the completeness of *IRAS* to *AGB* stars at a given distance is a function of dust-production rate. The 2.5 Jy cut (Section 2.3.2) should retain all AGB stars brighter than the tip of the RGB out to ~ 500 pc, hence we can consider our sample of AGB stars complete to these distances for all tiers. It should further retain the brightest objects and those with any measurable mass-loss out to much greater distances, and we have checked that the distance distribution of each tier beyond ~ 500 pc approximates the d^2 distribution expected for the Galactic disc, allowing for stochastic variance and the missing sample from $|b| < 1.5$. Since AGB stars are intrinsically bright in the infrared, we do not expect significant source confusion either at small distances, or at larger distances when $|b| < 1.5$.

If the 60 μm flux were the only constraint, our limiting DPR would be proportional to the square of the distance. Tiers 4 and 3 would then be more than 95 per cent complete, but Tier 2 would be incomplete at large distances (missing some sources with lower DPRs). Tier 1 would remain unaffected thanks to the inclusion of nearby sources from McDonald et al. (2012, 2017).

However, the 60 μm flux is not linearly dependent on the DPR because, below a DPR of roughly $0.3 - 3 \times 10^{-9} M_\odot \text{ yr}^{-1}$, the photosphere becomes the dominant contributor to the far-IR emission. Since our sample is complete to naked (zero-DPR) stars at the tip of the RGB out to at least 500 pc, under the worst-case scenario the outer 100 pc of Tier 2 would become incomplete. However, since the minimum DPR in Tier 2 is non-zero, the combined emission from dust and photosphere are expected to render our sample in Tier 2 complete as well. It is worth noting that changes in gas-to-dust ratio impact these calculations: our sample becomes more complete as the ratio increases.

3 OBSERVING STRATEGY

This section describes the observing strategy for heterodyne observations of the CO(2–1) and (3–2) lines and bolometer observations of the sub-mm continuum of targets with $\delta > -40^\circ$, which are being observed with the JCMT⁷ (500 out of 852 sources), with the RxA3m, ‘ \bar{U} ’⁸ (Mizuno et al. 2020), HARP (Buckle et al. 2009), ‘ \bar{A} weoweo⁹

⁷Program IDs: M16XP001, M17AP027, M17BL002, M19BP035, M20AL014.

⁸‘ \bar{U} ’ replaced RxA3m in September 2019, after RxA3m was decommissioned in 2018.

⁹‘ \bar{A} weoweo is a new 345 GHz receiver currently undergoing commissioning.

(Mizuno et al. 2020), and SCUBA-2 (Holland et al. 2013) instruments, respectively, avoiding sources in the Galactic plane ($|b| \leq 1.5^\circ$). These will be complemented with observations from APEX¹⁰ for southern sources (291 out of 852 sources), the strategy for which will be described in Wallström et al. (in preparation). Similarly, sources with $|b| \leq 1.5^\circ$ have been assigned for future interferometric observation to mitigate confusion from interstellar lines (128 out of 852 sources). These are mostly in the Galactic plane at great distance, i.e. belong mostly to Tier 4. A summary of our strategy is given in Table 2. All sensitivities are given as the expected RMS noise level, i.e. the 1σ sensitivity.

3.1 Staring

Staring sources are observed in different setups, depending on their \dot{M}_{dust} . Tier 0 sources, nominally dust-free and with low luminosities, are observed only with ‘ \bar{U} ’. We exploit the substantial improvement in sensitivity compared to older receivers to target a sensitivity of $0.003 \text{ K } T_A^*$ at a resolution of 1 km s^{-1} in the CO(2–1) line. While tier 0 sources are not observed in continuum because of their low dust content, these gas tracers can then be compared with mid-infrared probes of the dust component of the outflow. Tier 1 sources are observed only in CO (2–1) with RxA3m or ‘ \bar{U} ’, obtaining a single, deep spectrum with a target noise level $0.01 \text{ K } T_A^*$ at 1 km s^{-1} under weather conditions where the opacity at 225 GHz as measured by the JCMT water vapour radiometer $\tau_{225} \geq 0.2$. The sensitivity is chosen to achieve a 3σ detection of the observed CO flux of EU Del¹¹ at a resolution of 1 km s^{-1} at a distance of 300 pc (McDonald et al. 2018). Sources detected in CO (2–1) are then observed in CO (3–2). Tier 1 sources are also observed in continuum. The continuum observations consist of a single 31-min scan using the CV Daisy scan-pattern, which performs a nearly circular scan at a constant scan speed of $155 \text{ arcsec s}^{-1}$ while ensuring that the target remains on the detector arrays at all times during the observation. This mapping mode results in a map with a diameter of ~ 15 arcmin; with sensitivity roughly uniform in the central 3 arcmin of the map, and declining towards the outskirts of the map. Previous studies have shown that this is sufficiently large to observe nearby AGB stars (e.g. Dharmawardena

¹⁰Programme IDs: O-0101.F-9308A,B-2018, E-0101.D-0624A,B-2018 and M-0105.F-9534A,C-2020.

¹¹EU Del was chosen as the lowest luminosity and lowest mass-loss-rate evolved star that had been successfully detected at the foundation of the survey. This ignores the lower mass-loss-rate star VY Leo (Groenewegen 2014), which we could not expect to detect in a reasonable amount of time.

et al. 2018). We target a sensitivity of 3 mJy beam^{-1} at $850 \mu\text{m}$ in the central 3 arcmin region of the map for $\tau_{225} \leq 0.08$.

All other sources are observed in CO (2–1), CO(3–2), and also 850 and $450 \mu\text{m}$ continuum. Our original strategy was for sources which are brighter than 0.3 K in the ^{12}CO lines to also be observed in matching ^{13}CO transitions. However, the introduction of ‘ $\bar{U}\bar{u}$ ’ at the JCMT means that effectively all sources have both CO isotopologue (2–1) lines observed simultaneously and to the same depth, thanks to the dual sideband observations; sources observed at 345 GHz with APEX also have simultaneous ^{13}CO (3–2) observations, but our original strategy remains for observing CO (3–2) with the JCMT. The CO line observations aim to achieve a noise level of $\sim 0.01 \text{ K T}_A^*$ at 1 km s^{-1} resolution, under weather conditions of $\tau_{225} \geq 0.2$ for RxA3m or ‘ $\bar{U}\bar{u}$ ’ and $\tau_{225} \leq 0.2$ for HARP. The continuum observations are identical to those in tier 1.

3.2 Mapping

As the mapping sources have CO lines extending over radii $\gtrsim 20$ arcsec from the star (Section 2.3), these sources are observed in raster (RxA3m or ‘ $\bar{U}\bar{u}$ ’) or jiggle (HARP) modes to produce a 2×2 arcmin map of the line emission. We aim for a noise level of $\sim 0.07 \text{ K T}_A^*$ at 1 km s^{-1} resolution over the map for each source under weather conditions of $\tau_{225} \leq 0.2$ for RxA3m and ‘ $\bar{U}\bar{u}$ ’ and $\tau_{225} \leq 0.12$ for HARP. This noise level was chosen to achieve dynamic range in excess of 100 for the brightest sources in the sample.

The continuum observations employ the strategy demonstrated by Dharmawardena et al. (2018). For each source, four 31-min scans were used, with the southernmost sources ($\delta \leq -30^\circ$) observed in better weather ($\tau_{225} \leq 0.05$ rather than 0.08), resulting in an estimated sensitivity of $\sim 1.5 \text{ mJy beam}^{-1}$ at $850 \mu\text{m}$.¹² The SCUBA-2 $850 \mu\text{m}$ filter includes the CO(3–2) line, which is typically the strongest line in this band pass for all known chemical types of AGB stars, and may contribute to the observed flux (Drabek et al. 2012, see also below). While the $450 \mu\text{m}$ band also includes the CO(6–5) line, the continuum is typically much brighter, while the line is typically of similar or lower strength than CO(3–2) (Kemper et al. 2003; De Beck et al. 2010), making the typical line-to-continuum ratio smaller.

3.3 Survey progress

As of 2020 December, NESS has taken 772 h of observations: 666 at the JCMT across two large programmes and three PI programmes, and 106 at APEX across three observing programmes, representing 51.1 per cent (time) completion. NESS has observed 252 sources in continuum and 746 sources in at least one CO line. Detection rates among this sample are ~ 70 per cent in both ^{12}CO lines and ~ 30 per cent in both ^{13}CO lines. The new ‘ $\bar{U}\bar{u}$ ’ and ‘ $\bar{A}\bar{w}$ ’ receivers are more sensitive, and many sources have not yet been observed to their full requested depth, hence we expect these rates to increase substantially over the full survey.

3.4 Data reduction

Data-reduction methods and scripts for our observations will be presented alongside survey measurements in forthcoming papers; Wallström et al. (in preparation) will present the heterodyne data,

¹²The sensitivity at $450 \mu\text{m}$ has a much stronger dependence on the atmospheric conditions. We therefore do not place strong constraints on the required depth at $450 \mu\text{m}$.

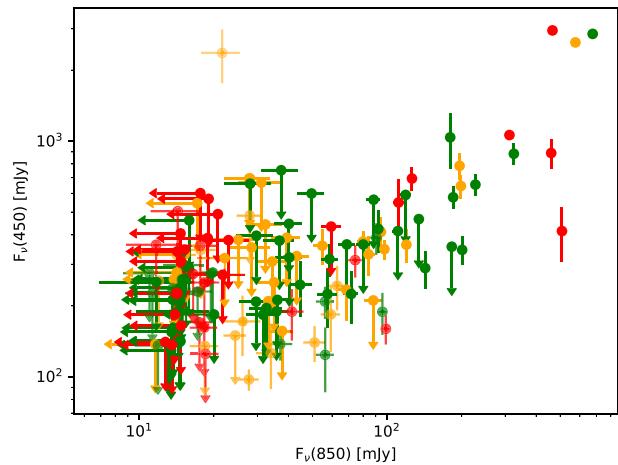


Figure 6. SCUBA-2 fluxes for the subset of NESS sources observed to date, using the same colour code as Fig. 2.

Table 3. Continuum fluxes and spectral indices (α , see Section 4.4) from the initial reduction of the SCUBA-2 data presented here. Limits correspond to 3 times the RMS of the map in mJy beam^{-1} . The first 10 sources are shown here, the full sample is available online.

IRAS PSC #	F_{450} mJy	F_{850} mJy	α
IRAS 00042+4248	<364.2	68.8 ± 5.5	>-3.9
IRAS 00192-2020	<251.6	35.0 ± 5.4	>-4.5
IRAS 01159+7220	<415.2	110.7 ± 8.9	>-3.3
IRAS 02316+6455	<320.5	40.3 ± 5.0	>-4.7
IRAS 02351-2711	<599.3	49.6 ± 6.1	>-5.5
IRAS 03149+3244	<225.8	<14.2	>-12.6
IRAS 03170+3150	<212.1	<13.6	>-12.7
IRAS 03206+6521	<363.0	11.7 ± 2.9	>-7.3
IRAS 03229+4721	<356.2	182.5 ± 14.6	>-2.1
IRAS 04166+4056	<189.0	14.4 ± 4.6	>-5.8

while Dharmawardena et al. (in preparation) will present SCUBA-2 observations. Here, we present an initial reduction of the SCUBA-2 data.

For this paper, we adopt a simple data-reduction strategy to measure fluxes for the point-source components of NESS sources at 450 and $850 \mu\text{m}$, ignoring extended emission. Using the default masking and filtering parameters in Starlink/ORAC-DR, the SCUBA-2 pipeline (Chapin et al. 2013; Jenness et al. 2015), we reduced all SCUBA-2 observations taken as part of the NESS programme before 2019 May 27, excluding the sources selected for mapping, giving 143 sources with observations with angular resolutions of ~ 7.9 arcsec and ~ 14 arcsec at 450 and $850 \mu\text{m}$, respectively. The images are calibrated in mJy beam^{-1} , and the flux in the brightest pixel extracted as an estimate of the point-source flux. If no source was detected at the 4σ level, the reduction was repeated using matched filtering, which optimizes the sensitivity to point-like sources. Since matched filtering systematically underestimates fluxes, we multiply the flux of sources detected using this method by 1.1 (Geach et al. 2013; Smail et al. 2014). We note that no subtraction of CO line emission has been performed here, suggesting that the fluxes at $850 \mu\text{m}$ may be overestimated by 10–20 per cent (e.g. Drabek et al. 2012; Dharmawardena et al. 2019). The fluxes or 3-sigma upper limits are shown in Fig. 6 and the first 10 sources are shown in Table 3. The $450 \mu\text{m}$ flux is typically a factor of a

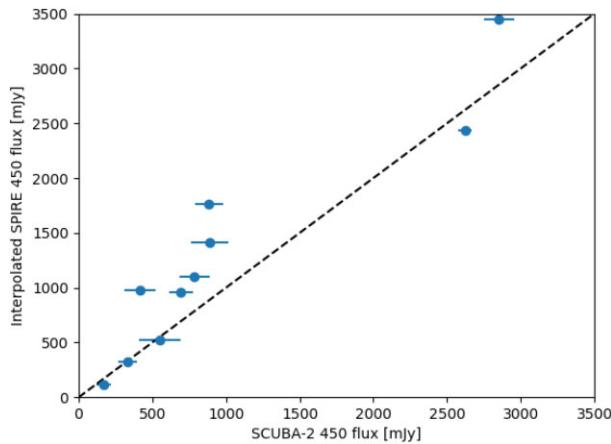


Figure 7. Comparison of 450 fluxes observed with SCUBA-2 to those estimated by interpolating between SPIRE fluxes. The dashed line indicates the 1:1 relation.

few greater than at 850 μm , a trend that the upper limits are not in conflict with. There are two objects that deviate from this trend; one planetary nebula whose 850 μm emission is comparable to its 450 μm emission, and one AGB star with an anomalously high 450 μm flux and a high space motion. These sources and the reason for their unusual fluxes are discussed in Section 4.4.

As these reductions are preliminary, we aim to be conservative about the flux measurements and their uncertainties: by only measuring the point-like component of the flux, we minimize the influence of the artefacts that commonly affect SCUBA-2 observations, known as negative bowing and blooming, where the emission is filtered too aggressively or where sky emission is mistakenly identified as astronomical, respectively. These problems particularly affect the 450 μm data, as the atmosphere fluctuates more than at 850 μm ; hence, we validate our results by comparing the SCUBA-2 fluxes to *Herschel Space Telescope* Spectral and Photometric Imaging Receiver (*Herschel*/SPIRE) fluxes where available.

Of the 143 sources for which SCUBA-2 fluxes are presented, we find ten objects that are detected in both the SPIRE 350 and 500 μm bands. We interpolate between the two SPIRE fluxes to estimate a 450 μm flux as

$$F_{450} = F_{350} \times (450/350)^{\alpha_{\text{SPIRE}}}, \quad (2)$$

where

$$\alpha_{\text{SPIRE}} = \frac{\log(F_{350}/F_{500})}{\log(350/500)}.$$

For these ten objects, we compare the observed and estimated 450 μm fluxes in Fig. 7. In this figure, we can clearly see that all sources lie reasonably close to the 1:1 line, and a few sources have higher interpolated fluxes than observed. This is expected, as we are only measuring the point-like component of the SCUBA-2 flux, while the large SPIRE beam (~ 30 arcsec) efficiently recovers flux that is extended to SCUBA-2.

4 SAMPLE OVERVIEW AND EARLY SCIENCE

4.1 Spatial distribution of objects

Fig. 8 shows the distribution of stars in Galactocentric co-ordinates, coloured by their NESS tier and chemical type.

The ‘extreme’ tier 4 (red in Fig. 8) is dominated by populations in the plane of the Milky Way. These predominantly lie at Galactic radii interior to the Sun. This follows the distribution of hot main-sequence stars (e.g. Skowron et al. 2019; Kounkel, Covey & Stassun 2020): regions interior to the Sun show significant star formation in the Sagittarius Arm, which merges into the Local Arm; exterior to the Sun, the Perseus Arm lacks much recent star formation. Recent star formation in these arms concentrates almost entirely within $\sim \pm 100$ pc of the Galactic plane. Consequently, we expect tier 4 to comprise of massive AGB ($M_{\text{initial}} \approx 4-8 M_{\odot}$) and RSG ($M_{\text{initial}} \gtrsim 8 M_{\odot}$) stars, from young ($\lesssim 150$ Myr) populations.

Relatedly, tier 4 contains few carbon stars. This contrasts with metal-poor galaxies, where lower natal oxygen makes it easier for dredge-up to increase C/O to above unity (Karakas & Lattanzio 2014). In such galaxies, oxygen-rich stars remain significant dust producers, but carbon stars generally dominate the dust budget among extreme sources (e.g. Boyer et al. 2012, 2017). Tier 4 also includes any contaminating objects that made our conservatively inclusive cuts for AGB stars. These include stars exhibiting moderate interstellar extinction (which mimics the optical attenuation of circumstellar dust), possible young stellar objects, and other misclassified objects. The distances of these sources are also the most uncertain, potentially causing their distribution to fan out at large radii from the Sun (e.g. near $x = -6$ kpc in Fig. 8). A detailed analysis of their stellar parameters will need to be performed before we can properly ascertain the significance of these trends, and the relative scale heights of carbon stars, and massive and low-mass oxygen-rich stars.

The ‘high’ mass-loss rate tier 3 (green) contains the largest fraction of the carbon-rich (purple) and S-type (orange) stars. These descend from stars of $\sim 2-3 M_{\odot}$ ($\sim 0.4-1.7$ Gyr in age; Marigo et al. 2017; Pastorelli et al. 2019). Compared to the youngest and most-extreme tier 4 sources, tier 3 sources are distributed at larger Galactic scale heights, consistent with the few $\times 100$ pc expected for sources ~ 1 Gyr in age (e.g. Kounkel et al. 2020). Tier 3 also contains the large majority of the Gould Belt: an oval-shaped region of star formation surrounding the Sun, and inclined relative to the Galactic Plane such that it reaches a height of 100 pc from the plane, which should contain a small number of massive, young, oxygen-rich evolved objects (e.g. McDonald et al. 2017; Zari et al. 2018). However, we expect these objects to pass through the tier 3 stage of extremity relatively quickly, becoming tier 4 objects.

By virtue of the initial mass function, the ‘intermediate’ and ‘low’ mass-loss-rate tiers 2 and 1 (yellow and blue) once again tend to contain older, lower mass and oxygen-rich stars, which do not reach the more extreme phases of tier 3. These are spherically distributed around the Sun, consistent with their large scale heights and lack of clustering due to recent star-formation.

4.2 Integrated dust production

Fig. 9 shows the DPR distribution estimated from GRAMS fits to the SEDs of our sample stars. The tier design dictates that the mean DPR increases from the lowest tier to the highest. Tier 0 (‘very low’) targets were selected for their lack of dust production, hence their GRAMS DPRs should be treated as upper limits. The total DPR per unit volume in each tier is summarized in Table 4. For the first two tiers, the volumes are spheres with radii 250 and 300 pc, respectively. Extinction and confusion in the Galactic Plane ($|b| < 1.5$ deg) affects the more distant sources in tiers 2–4. For tiers 2 and 3 (‘intermediate’ and ‘high’), we use spherical volumes of radii 400 and 800 pc, respectively, and add to this spherical volumes of radii

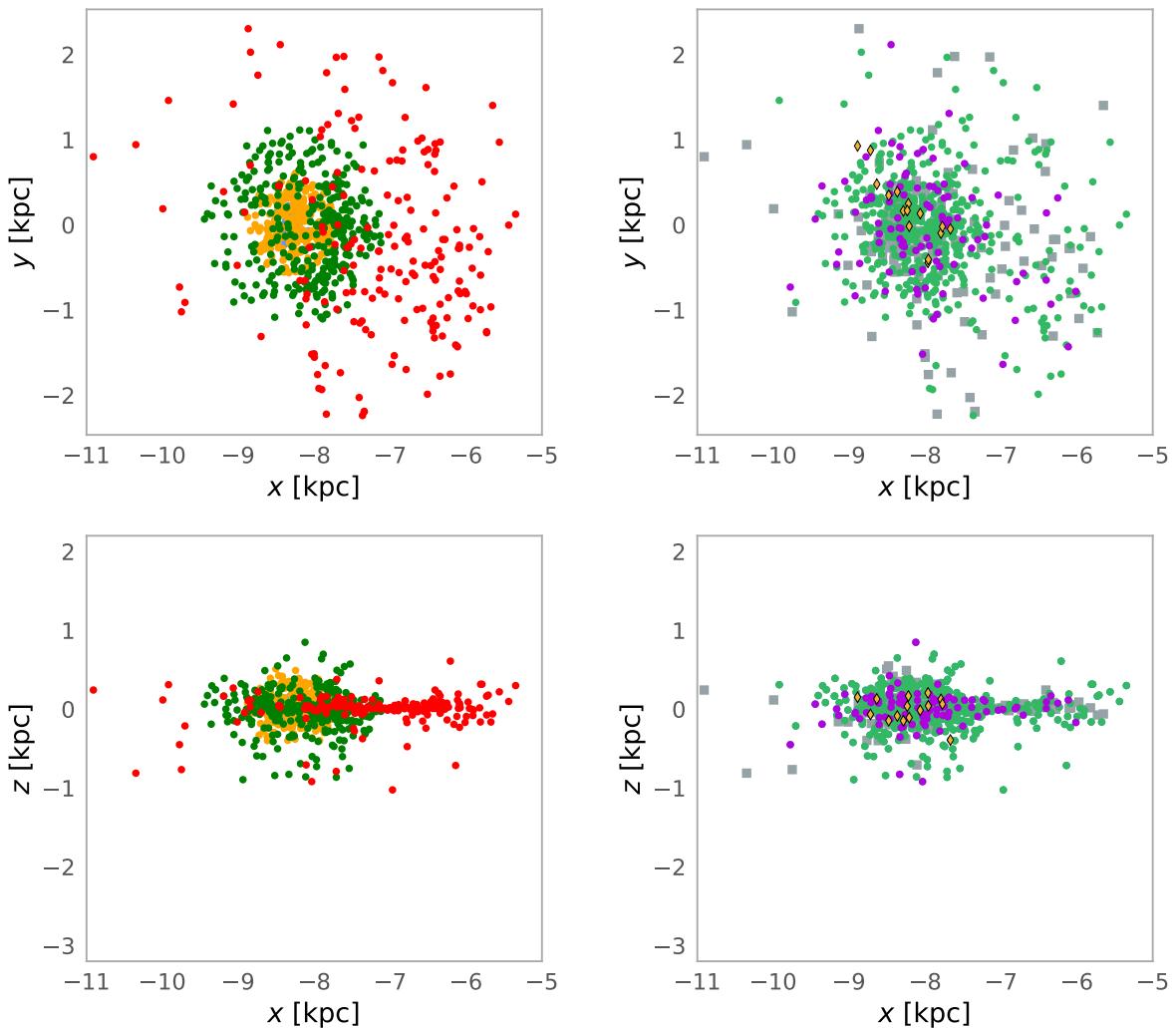


Figure 8. Left-hand panels show the Galactocentric distribution of NESS sources, showing the NESS sample tiers (using the same colour scheme as Fig. 2). Right-hand panels show the object chemistry: oxygen-rich stars are in green, carbon stars are in purple; S stars are in orange diamonds; stars without a spectroscopic chemical classification are in grey squares.

600 and 1200 pc, respectively, from which wedges of $|b| < 1.5$ deg have been removed. For tier 4 ('extreme'), we compute a cylindrical volume of radius 2000 pc with height 100 pc, corresponding to the Galactic scale height of their distribution (Fig. 8), and add to this the volume of a cylinder of radius 3000 pc after removing a wedge of $|b| < 1.5$ deg, as for the lower tiers. We also compute the surface densities for each tier for circles of radii 250, 300, 600, 1200, and 3000 pc, respectively. The total DPR for the Tier 1 sources is 3×10^{-8} $M_{\odot} \text{ yr}^{-1}$, comparable to that of a single, dusty AGB star, while the total for tier 2 is equivalent to the DPR of a single, extremely dusty AGB star.

Local dust production is dominated by the sources with the highest DPRs, comprising over half of the disc-integrated DPR of our entire sample. Table 4 also indicates that these 'extreme' sources comprise the vast majority of the volume-integrated DPR of our sample, but this is an artefact of the limited Galactic scale height used for computing this value, and only applies to the immediate 100 pc above and below the Galactic Plane. This implies that less-extreme stars should be more important at higher Galactic scale heights, with consequent changes to the fraction of carbon-rich dust produced, and the mineralogy of AGB ejecta overall. However, the

pronounced asymmetry in the distribution of Tier 4 sources with respect to the orbit of the Sun suggests a strong dependence of total dust production on Galactic radius and that evolved-star feedback is very inhomogeneous even on kpc scales. While the distribution of Tier 3 sources is also asymmetrical, the difference is much less significant than in Tier 4. This will have similar implications as their confinement to the Galactic Plane.

We remind the reader that our dust-production rates rely on assumptions that NESS sets out to test (e.g. the wind-velocity profile). However, they corroborate earlier estimates of Galactic dust production by AGB stars. Tielens (2010) estimates an integrated DPR of $8 \times 10^{-6} M_{\odot} \text{ yr}^{-1} \text{ kpc}^{-2}$. Slightly lower rates were found by Jura & Kleinmann (1989) and Dwek (1998). Our total rate (Table 4) is comparable to these rates, with the differences among the four publications consistent with different choices of dust emissivity and wind-acceleration profiles.

That mass-loss is dominated by 'extreme' stars is not surprising. Le Bertre et al. (2001) (also Le Bertre et al. 2003) found that half of mass-loss can be attributed to stars with $\dot{M} > 10^{-6} M_{\odot} \text{ yr}^{-1}$, despite the rarity (10 per cent) of such stars in their sample: assuming a gas-to-dust ratio of ~ 200 , their criterion corresponds to our tiers 3

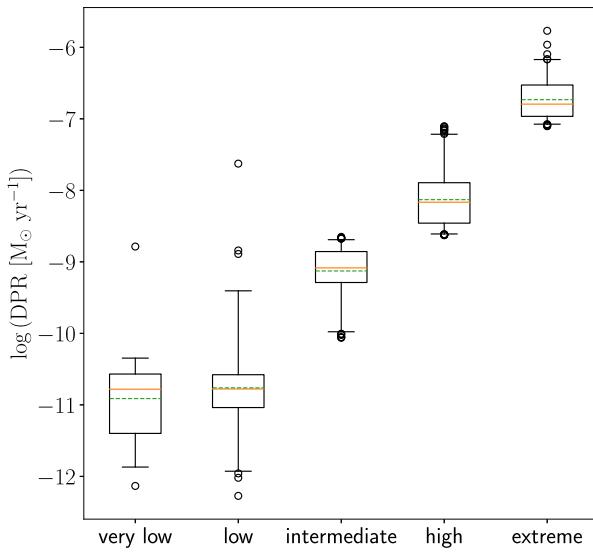


Figure 9. Box-and-whisker plots of preliminary dust-production rates in each of the five NESS tiers, as estimated from preliminary GRAMS model fitting. The boxes extend from the lower quartile to the upper quartile, enclosing the interquartile range (IQR; corresponding to the central 50 per cent of the data). The whiskers enclose the central 95 per cent of the data, and outliers are shown as open circles. The orange and green lines denote the median and mean values for each group.

Table 4. DPRs of the different tiers in the NESS sample.

Tier	No.	DPR		
		Total $M_{\odot} \text{ yr}^{-1}$	Disc-averaged $M_{\odot} \text{ yr}^{-1} \text{ kpc}^{-2}$	Volume-averaged $M_{\odot} \text{ yr}^{-1} \text{ kpc}^{-3}$
Very low (0)	19	1.9×10^{-9}	9.8×10^{-9}	2.9×10^{-8}
Low (1)	105	3.0×10^{-8}	1.0×10^{-7}	2.6×10^{-7}
Intermediate (2)	222	2.1×10^{-7}	1.9×10^{-7}	7.6×10^{-7}
High (3)	324	3.8×10^{-6}	8.3×10^{-7}	1.7×10^{-6}
Extreme (4)	182	4.3×10^{-5}	1.5×10^{-6}	1.9×10^{-5}
Total	852	4.7×10^{-5}	2.6×10^{-6}	2.1×10^{-5}

and 4, so we tentatively identify an even larger fraction with these preliminary rates. Extreme stars also comprise most mass-loss in nearby dwarf galaxies, however there the extreme stars are carbon-rich (e.g. Boyer et al. 2012; Srinivasan et al. 2016). In the Milky Way, the higher metallicity and the consequent reduction of efficient dust production in the Milky Way by carbon stars with $\text{C}/\text{O} \gg 1$, means we instead see most mass is lost by extreme oxygen-rich objects (massive AGB stars, super-AGB and RSGs).

With all these statistics, however, we again caution that they are based on very preliminary DPRs. These stars also only reflect some of the Galaxy's AGB stars (albeit a large sample), and a fuller account will be given in Trejo et al. (in preparation).

4.3 Spatially resolved mass-loss and irradiation of AGB envelopes

At large radii from the star, CO becomes dissociated by interstellar UV light (Mamon et al. 1988; Groenewegen 2017; Saberi et al. 2019). The extent of CO envelopes is an important input when modelling mass-loss rates of stars with unresolved envelopes. Measures of the local interstellar radiation field exist (Habing 1968; Draine 1978; Mathis, Mezger & Panagia 1983), but its variation and effects on the AGB envelopes are not well studied. Despite this, evidence is

building that dissociation by strong UV radiation can significantly affect the recorded CO line strengths of stars (McDonald & Zijlstra 2015a; Groenewegen et al. 2016; Li et al. 2016; McDonald et al. 2015, 2019). Some previous studies (e.g. Olofsson et al. 1990, 1996; Castro-Carrizo et al. 2010) have resolved the CO envelopes of some stars in single-dish observations, typically in the (1–0) and sometimes (2–1) lines.

Dharmawardena et al. (2018, 2019) have shown that coarse sub-mm mapping observations can also reveal the mass-loss history of the star. The NESS mapping sample allows direct measurement of the extent of CO envelopes for a large sample of AGB stars, revealing the extended components of the CO(3–2) and (2–1) lines, providing an overview of the gas density and excitation in the outer envelope.

Examples of the resulting data can be seen in Fig. 10, showing both resolved and point-like sources. The beam shapes of the current heterodyne instrumentation at the JCMT are poorly known, beyond the known $\eta_{\text{MB}} \approx 0.6$. However, we expect a 15-m telescope at 345 GHz to have a Gaussian PSF with an FWHM of 14 arcsec. The dish surface is regularly adjusted using holography, and the amplitude of the error beam is roughly 2 per cent at 850 μm as seen by SCUBA-2 (Dempsey et al. 2013). Given that the sub-mm seeing at Mauna Kea is typically $\lesssim 2$ arcsec, the observations are clearly diffraction limited and atmospheric effects on the PSF are negligible.

The most-compact mapping sources all have radial profiles consistent with the expected PSF and its error beam, with no discernible variation between them and no evidence of flux leakage from sidelobes. Consequently, we can determine that the PSF does not change significantly between observations and any source observed to be more extended than these compact sources exhibits real extended emission. Extended emission is present in the resolved sources in Fig. 10 at radii up to 30 arcsec, with the sizes and profiles of the emission region varying. This indicates that the emitting gas can reach a spatial extent of thousands of stellar radii, matching the prediction of Kemper et al. (2003) that even relatively high-excitation lines such as CO(3–2) are excited sufficiently to be detectable at large distances from the central star. Using a preliminary set of CO maps from the JCMT, we have measured the FWHM by fitting 1D Gaussians to the radial profiles of the velocity-integrated line intensities from Fig. 10. Of our sample of 25 mapping sources, 15 have a FWHM > 18 arcsec, making them clearly extended. Another eight sources are marginally extended in CO(3–2) with 15 arcsec $< \text{FWHM} < 18$ arcsec, while two sources, BK Vir and V744 Cen, remain completely unresolved for the JCMT beam (see Table 5). This table also shows the full extent of the CO(3–2) emission out to the 3-sigma detection limit. These results are comparable to the detection of extended sub-mm continuum emission in 14/15 (93 per cent) of evolved stars by Dharmawardena et al. (2018), with the difference likely reflecting the inclusion of closer, lower \dot{M} sources in the NESS mapping sample and lack of distant, high \dot{M} objects.

Note that the FWHM and the outer extent of the CO(3–2) emission reported in Table 5 differs from the values reported by Ramstedt et al. (2020) for the DEATHSTAR sample. In this ALMA-observed sample, the FWHM obtained for 42 AGB stars, six of which overlap with the sources in Table 5, is reported to be between 1 and 10 arcsec. Such small structures however, are not detectable with the 14 arcsec beam of the JCMT at 345 GHz, and this level of detail will be smoothed out by the JCMT beam profile. Only in cases where the radial profile detected by ALMA actually roughly follows a Gaussian profile with an FWHM of 14 arcsec or more can we expect to see the same values between these two surveys. Additionally, due to the maximum-recoverable scale (MRS) of 18 arcsec, the DEATHSTAR ALMA observations are not able to measure extended emission

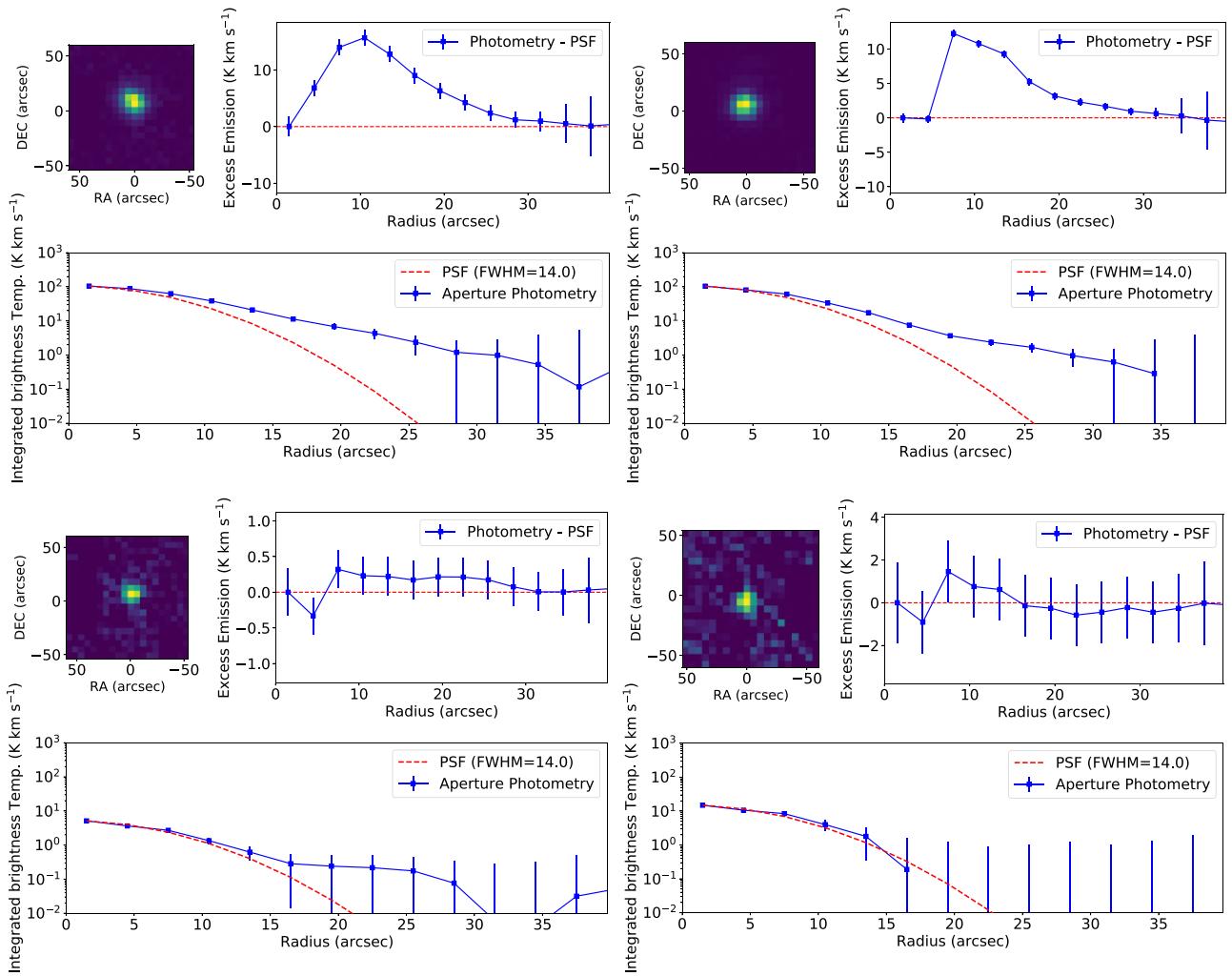


Figure 10. Examples of CO(3–2) radial profiles observed with the JCMT for four sources in the mapping sample. The top row shows sources that are clearly resolved Left-hand panel: W Hya; Right-hand panel: SW Vir. Extended CO emission is clearly present in both sources at the level of ~ 10 per cent of the peak flux. The bottom row shows two unresolved sources Left-hand panel: SV Lyn; Right-hand panel: X Oph. The profiles match the 14 arcsec Gaussian assumed to be the FWHM beamwidth of the JCMT very well, validating our use of this to detect extended emission.

beyond that size. Thus, it is evident that the ALMA observations obtained by the DEATHSTAR project, and the JCMT observations presented here are not directly comparable, but complement each other, and probe substructure and typical sizes on different size scales. The comparatively large JCMT primary beam combined with the lack of spatial filtering also leads to a higher surface-brightness sensitivity in our data, allowing us to detect faint emission at large distances from the central star. This is particularly clear in the case of SW Vir (see Fig. 10, top right-hand panel); emission is clearly visible on scales up to 30 arcsec, twice the photodissociation radius quoted by Ramstedt et al. (2020) for this source, resulting in a diameter more than three times the size of their MRS. This highlights the particular advantage of NESS over interferometric studies: the larger map size and lack of spatial filtering enables us to recover emission on much larger scales. Combining the high surface-brightness sensitivity with the volume-complete sample will enable minimally biased inference concerning how common such large envelopes are and under what conditions they can appear.

Resolved maps such as these can be used to determine the mass-loss history of these stars, plus trace large-scale asphericities in the outflows. Comparing dust continuum with CO line profiles also

allows us to probe the dust: CO ratio, tracing CO-dark parts of the outflow and the excitation and dissociation of the CO molecules.

4.4 Anomalous detection of cold dust

4.4.1 Hidden cold dust reservoirs

Deriving DPR and \dot{M} from fitting optical–mid-infrared SEDs (Section 2.3.3) best traces material ejected from the star in the last few decades, as this hot and warm dust emits in the mid-infrared. However, it is relatively insensitive to variations in mass-loss rate or to reservoirs of material ejected in the past (Section 2.1.1).

Resolving the envelopes at longer wavelengths isolates emission from cold dust emitted millennia ago (e.g. van der Veen et al. 1995; Dehaes et al. 2007; Ladjal et al. 2010; Dharmawardena et al. 2018). Cox et al. (2012) notably found extended far-infrared (FIR) emission in 49 out of 78 evolved stars,¹³ mostly drawn from the Mass-loss of

¹³Some of the 29 ‘non-detections’ may have extended emission, as the authors were looking for specific shapes of the extended emission.

Table 5. Extended CO(3-2) emission in our targets. The first two columns show the IRAS PSC identification and alternative names for our targets. The third column lists the FWHM determined by fitting a Gaussian to the radial profile of the velocity-integrated line intensity, while the fourth column shows the full extent of that quantity in the form of the diameter where the emission equals 3σ , averaged ringwise. Where no value is given this measurement could not be made, and instead we evaluate whether extended emission is marginal (?) or not detected (N) in the preliminary JCMT CO(3-2) maps. Sources marked with * are also in the DEATHSTAR sample.

IRAS PSC #	SIMBAD ID	FWHM (arcsec)	Extent (arcsec)
IRAS 00205+5530	T Cas	15.2	27
IRAS 01556+4511	V370 And	15.6	33
IRAS 03507+1115	IK Tau	19.2	57
IRAS 04020-1551	V Eri	17.4	N
IRAS 04566+5606	TX Cam	15.3	39
IRAS 07120-4433	L ₂ Pup*	21.4	33
IRAS 08003+3629	SV Lyn	18.1	N
IRAS 09448+1139	R Leo*	21.6	51
IRAS 09452+1330	IRC+10216	43.9	222
IRAS 10329-3918	U Ant	40.8	63
IRAS 11461-3542	V919 Cen	15.7	?
IRAS 12277+0441	BK Vir*	14.2	N
IRAS 13001+0527	RT Vir*	19.0	33
IRAS 13114-0232	SW Vir*	18.4	51
IRAS 13368-4941	V744 Cen	13.4	?
IRAS 13462-2807	W Hy _a *	18.3	45
IRAS 15492+4837	ST Her	18.8	27
IRAS 16235+1900	U Her	20.2	?
IRAS 18359+0847	X Oph	15.0	N
IRAS 19039+0809	R Aql	16.0	39
IRAS 19126-0708	W Aql	18.0	63
IRAS 21088+6817	T Cep	18.1	27
IRAS 21439-0226	EP Aqr	15.6	45
IRAS 22196-4612	π ₁ Gru	23.3	51
IRAS 23320+4316	LP And	18.2	63

Evolved StarS (MESS) *Herschel* Guaranteed Time Key Programme (Groenewegen et al. 2011), confirming cold dust is commonplace.

However, sensitivity to the coldest dust requires (sub-)mm observations. Ladjal et al. (2010) found extended emission in four out of nine sources at 870 μm using the APEX Large Bolometer Camera (LABOCA); and Dharmawardena et al. (2018) resolved sub-mm emission at one or more wavelengths in 14 out of 15 evolved stars with JCMT/SCUBA-2, with extended emission accounting for an average 40 per cent of the sub-mm flux. Furthermore, by deriving time-averaged mass-loss rates from the resolved emission, Dharmawardena et al. (2018) show that the dust mass in the resolved observations is typically a factor of a few larger than predicted by the GRAMS models, which assume a constant \dot{M} out to a fixed radius. This has potential to significantly increase the contribution of AGB stars to the interstellar dust reservoir, and/or their interaction with it, and allows us to probe longer time-scale variations in mass-loss.

The deep SCUBA-2 mapping observations of NESS will more than double the existing sample of evolved stars with deep, wide-field imaging in the sub-mm, providing details on the range of contributions from extended emission. Meanwhile, the shallower continuum observations of the wider sample will provide a statistical overview of cold dust across a range of classes of evolved stars.

The far-infrared spectral slope, α (where $F_{\nu} \propto \nu^{\alpha}$) provides the nature of the FIR emission source. In particular, it can identify variations in the dust-opacity slope, β (where $\kappa_{\nu} \propto \nu^{\beta}$; $\alpha \approx -(2+\beta)$ with some temperature dependence for very cold dust),

which can depend on the composition and size of circumstellar dust grains (e.g. Hoogzaad et al. 2002; Dehaes et al. 2007). Many authors have shown that the β depends strongly on grain size (e.g. Kruegel & Siebenmorgen 1994; Rodmann et al. 2006; Ricci et al. 2011; Testi et al. 2014) and that, assuming an MRN-like power-law size distribution, this dependence is strongest for maximum grain sizes $\lambda/2\pi < a_{\max} < 3\lambda$ (Draine 2006). Our mapping observations are hence most sensitive to $a \sim 50 \mu\text{m} - 3 \text{ mm}$, significantly larger than predicted by dust-formation models (e.g. Höfner 2008) but consistent with the largest pre-solar grains (e.g. Amari 2014). Similarly, grains of different composition or structure can have very different spectral indices (e.g. Jager, Mutschke & Henning 1998; Mennella et al. 1998), with laboratory and theoretical values for typical dust analogues covering the range $\beta = 1 - 2.5$. Dharmawardena et al. (2018) found variations in β in the outer envelope of IRC+10216, suggesting evolution of the dust as it is processed by the interstellar radiation field and integrated into the ISM.

4.4.2 Mimics of cold dust

Other sources contributing to sub-mm emission include diffuse backgrounds, and the star's optical and radio photospheres. These can be disentangled by a combination of mapping observations and the spectral slope, α .

Diffuse background emission is normally filtered, but inhomogeneities may add or subtract flux from the PSF core. Interstellar dust is expected to have $\alpha \approx -3.7$ (Planck Collaboration XVI 2014), but bright patches will not normally be spatially coincident with the AGB star in mapping observations, and diffuse emission this strong and inhomogeneous is likely to affect only a few stars (notably those in the Galactic plane) and be visible on large scales.

The star's optical photosphere should have $\alpha = -2$, will be spatially compact, and is already included in the GRAMS model fit. Uncertainties in the GRAMS luminosity and temperature may lead to uncertainties in the extrapolated sub-mm flux, but will be small.

The star's radio photosphere (unresolved emission arising from free electrons interacting with H I and H₂ in the stellar chromosphere) is opaque at millimetre wavelengths, with a wavelength-dependent radius (e.g. Matthews et al. 2018). These canonically have $\alpha \approx -1.86$ (Reid & Menten 1997; Vlemmings, Khouri & Olofsson 2019): slightly shallower but insufficiently different to $\alpha = -2$ to distinguish from cold dust in the staring sample. The sub-mm photospheric radius is similar to the optical photosphere near the peak of the SED, but typically cooler ($\sim 2000 \text{ K}$), so the sub-mm flux does not greatly exceed that of the optical photosphere's Rayleigh–Jeans tail (e.g. Kervella et al. 2016; Vlemmings et al. 2019).

Observations of IRC+10216 by Menten et al. (2006) also suggest the sub-mm contribution from both optical and radio photospheres is small: the radio flux can be extrapolated to the sub-mm following

$$F_{850} = \left(\frac{\nu}{350\text{GHz}} \right)^{-1.8} F_{\nu} \left(\frac{130\text{pc}}{D} \right)^2 \frac{6200L_{\odot}}{L_{\text{IRC+10216}}}$$

for frequency ν , distance from the source D , and stellar luminosity $L_{\text{IRC+10216}}$. Given our detection limit of $\sim 11 \text{ mJy}$, an X-band (8.4 GHz) flux of $\sim 0.6 \text{ mJy}$ (Menten et al. 2006, Table 2), and assuming that IRC+10216 is roughly twice as luminous as the median of the LMC population, only sources within $\sim 200 \text{ pc}$ would have detectable radio photospheric emission in our observations.

Stellar chromospheres can also contribute significant radio flux with a much shallower spectral dependence that can dominate stellar

continuum emission at longer (radio) wavelengths (e.g. O’Gorman et al. 2020, for Antares). The radio photosphere canonically extends to ~ 2 –3 stellar radii (R_*) at 22 or 43 GHz, and typically has a lower brightness temperature than the star’s effective photospheric temperature (e.g. Lim et al. 1998; O’Gorman et al. 2015, for Betelgeuse). In the case of Betelgeuse, the chromosphere only contributes 10–20 per cent more flux than the expected Rayleigh–Jeans tail at 850 μm (O’Gorman et al. 2017). Consequently, we expect little additional flux at these wavelengths from stellar chromospheres.

Other physical explanations for sub-mm excess include a low α due to variations in grain size and composition described above. However, mm-sized grains are not generally predicted to form in the outflow (the largest predicted and observed being a few μm in diameter; Höfner 2008; Norris et al. 2012; Scicluna et al. 2015), while few dust analogue materials have bulk spectral indices $\beta > -1$ (e.g. Mennella et al. 1998; Demyk et al. 2017a, b; Mutschke & Mohr 2019). Brunner et al. (2018) investigated whether changes in grain structure, composition, or size could explain similar excess emission in LABOCA observations of R Scl, but found all of these options unsatisfactory, ultimately suggesting that either additional dust components (such as polycyclic aromatic hydrocarbons) were required, or that the emissivities of the dust may exhibit a significant change in the sub-mm (see also Gordon et al. 2014, in the Magellanic Clouds). While data reduction may also play a role, Fig. 7 suggests a good agreement between the NESS and interpolated SPIRE fluxes at 450 μm : the only deviations being stars where we may underestimate the flux by a factor of up to two, whereas anomalous cold dust will produce an excess of flux at both 450 and 850 μm .

Consequently, we expect a marked excess in sub-mm flux in NESS should only be attributable to an anomalous cold dust reservoir, especially where the mapping sample resolves it from the point-source star.

4.4.3 First NESS results

We here present some early results of NESS continuum observations, based on the data reduction and fluxes presented in Section 3.4. At 850 μm our detection rate is 73 per cent, but varies significantly across our subsamples; the rate approaches 90 per cent for sources in Tier 2 (shown in green in Fig. 6), while the detection rate in Tier 4 (in red) is just above 50 per cent. The origin of this decrease is not yet clear, although increased confusion from diffuse interstellar dust at larger distances seems like an obvious contributor. Follow-up observations with a compact interferometer would reveal whether this is the case by filtering out the contamination. However, this requires care not to remove emission from historic dust mass-loss.

The lower sensitivity at 450 μm leads to a reduced detection rate of ~ 30 per cent. A similar pattern exists throughout the subsamples, decreasing from ~ 40 per cent for Tier 2, to 24 per cent for Tier 4.

Fig. 11 compares our measured fluxes to the model predictions of GRAMS (Section 2.3.3). A 10 per cent calibration uncertainty has been added in quadrature to the statistical uncertainty. The GRAMS models clearly and systematically underestimate the sub-mm continuum flux, typically by a factor of 3–10, the factor being larger at 850 μm than 450 μm . This is not unexpected, given the limitations of the GRAMS grid (i.e. it is only intended to predict optical–mid-IR photometry and is tailored to the Magellanic Clouds), the uncertainties of the modelling (i.e. the models are fitted to relatively few bands in the near-/mid-infrared) and the uncertainties of the data reduction. However, similar to Dharmawardena et al. (2018, 2019) and Maercker et al. (2018), we find systematically

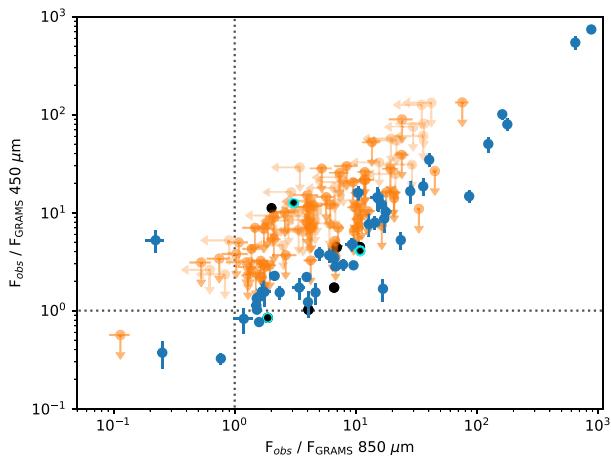


Figure 11. Ratio of SCUBA-2 fluxes to that predicted by the GRAMS fits for the subset of NESS sources shown in Fig. 6, with blue points corresponding to sources detected at both wavelengths, and orange to sources detected at one or zero wavelengths. For these non-detections, the points indicate the ratio between the 3σ upper limit and the GRAMS flux. Black points indicate sources where Dharmawardena et al. (2018) reported extended sub-mm continuum emission, and cyan points highlight those which also have extended CO emission in Table 5.

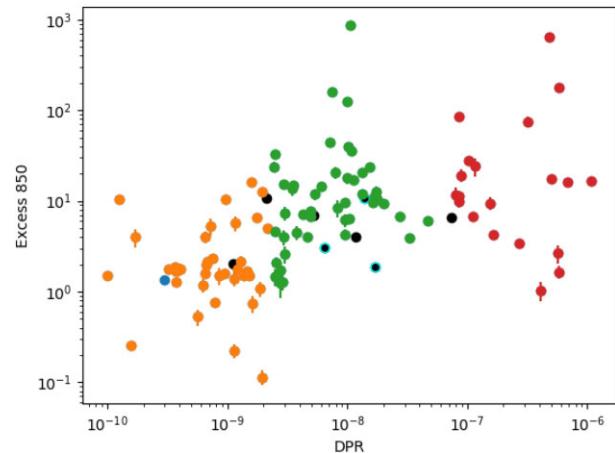


Figure 12. Ratio of observed 850 μm emission to that predicted by GRAMS fits as a function of dust-production rate, following the same colour code as Fig. 2 (orange: Tier 2; green: Tier 3; red: Tier 4). As in Fig. 11, black points indicate sources where Dharmawardena et al. (2018) reported extended sub-mm continuum emission, and cyan points highlight those which also have extended CO emission in Table 5.

higher sub-mm fluxes than the models predict, arguing against data-reduction uncertainty as the origin of the discrepancy. This might indicate that large reservoirs of cold dust are present, or that the dust properties are not well represented by those used in GRAMS. This figure also includes sources where extended dust emission was detected by Dharmawardena et al. (2018). These also all show systematic excess emission compared to the GRAMS models, hence physically linking a sub-mm excess flux (compared to GRAMS) with spatially extended cold dust emission.

Fig. 12 plots the 850 μm excess as a function of the DPR derived from GRAMS, roughly equivalent to plotting a mid-infrared colour against a mid-IR – sub-mm colour (e.g. [12]–[25] versus [25]–[850]). A trend of increasing excess with DPR is visible, particularly across Tiers 2 and 3. To determine its statistical evidence,

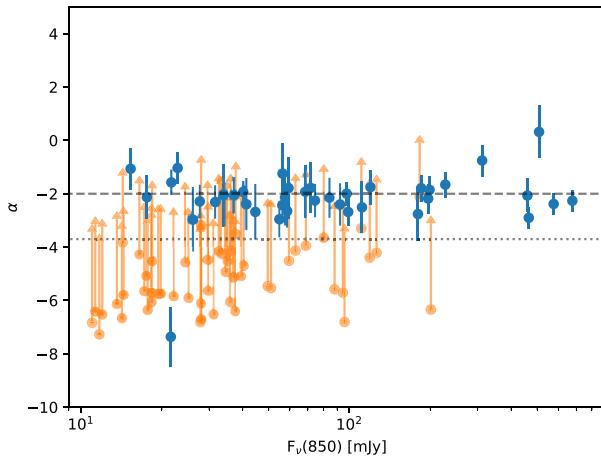


Figure 13. Sub-mm spectral indices for sources shown in Fig. 6. The blue points with error bars indicate sources whose spectral index is well-constrained, and the orange points are lower limits, indicating sources that are detected at 850 μm but not 450 μm . The black dashed line corresponds to the result expected for blackbody emission, and the dotted line to the canonical value of -3.7 expected for interstellar dust (Planck Collaboration XVI 2014).

we use Bayesian model selection to calculate the posterior odds (Kass & Raftery 1995), using DYNESTY to compute the evidence with Nested sampling (Skilling 2004; Speagle 2020), following Dharmawardena et al. (2020). This approach shows that a power-law relationship is preferred over no relationship by a significant margin ($\sim 10^{10000}$), while a power law with a constant flux above a break point is indistinguishable from the unbroken power law. While this framework is susceptible to some uncertainty, particularly from dependence on the choice of prior, it is difficult to envisage this overcoming a multi-googol preference.

The easiest interpretation of this trend relates to the amount of cold dust in the envelopes: stars with higher present-day DPRs will tend to have been producing dust for longer, and are therefore likely to have filled a greater fraction of the SCUBA-2 beam with dust. Due to specific circumstances of source distances the cold dust component does not have to be extended (spatially resolved), but by the dictates of physics the extended component has to be cold (assuming thermal equilibrium). As the GRAMS models use a fixed-density profile, dust composition and outer radius, they do not account for physical changes that may impact the sub-mm emission; detailed models which treat the sub-mm fluxes and radial profiles appropriately may better capture the behaviour. Stochastic changes in DPR or differences in dust composition may be responsible for the scatter.

We derive spectral indices from the above SCUBA-2 fluxes (Fig. 13 and Table 3), ensuring that the results are robust and upper limits are handled consistently, by adopting the method of Scicluna et al. (2020), to which we refer the reader for the details of the fitting and parameters for the Markov Chain Monte Carlo (MCMC). As expected, sources with a well-constrained spectral index (blue points) separate from lower limits (orange); the latter corresponding to sources detected at 850 μm but not 450 μm , which can have any positive spectral index. In general, the upper limits at 450 μm do not place strong constraints on α , though the limits remain consistent with the rest of the sample. Sources with well-constrained α cluster around $\alpha \approx -2$, which manifests as the tight correlation in Fig. 11, and consistent with a cold-dust reservoir (Section 4.4.2).

The two outliers (one at positive α and one at negative α) are also the two outliers in Fig. 6. The source at $\alpha = 0.3 \pm 1.0$ is IC 418, a planetary nebula with significant free-free emission. The spectrum continues to rise into the radio, 1.72 Jy at 6 cm (Griffith et al. 1994). The source at $\alpha = -7.4 \pm 1.1$ is AK Hya, a nearby AGB star with a relatively low mass-loss rate and high space motion (cf. McDonald et al. 2018). To eliminate the discrepancy, the true 450 μm flux would have to be lowered by factor of 20, which seems improbable even for a 4- σ detection, as the expected frequency of such outliers is ~ 0.00007 . If real, the origin of such an anomalous spectral index is an enigma; a small number of nearby debris discs have similarly steep spectra, attributed to anomalous dust compositions or size distributions (e.g. Ertel et al. 2012; Marshall et al. 2016).

5 SUMMARY

We have presented the ongoing NESS, representing a volume-complete sample of 852 Galactic evolved stars within 3 kpc, suitable for statistically robust inference of the properties of the population. We discussed the observing strategy and the survey’s key scientific objectives, and introduced the public NESS catalogue of 852 stars, which will be populated with new data as it becomes available. We introduce an improved distance-estimation method for AGB stars, based on the LMC luminosity distribution, and accurate to $\pm \sim 25$ per cent, and anchor this to *Gaia* EDR3 parallaxes.

The sample covers both low- and high-mass AGB stars. Objects with the highest DPRs concentrate in young populations near the Galactic plane; hence, are likely massive AGB stars and RSGs. Older populations, with large Galactic scale heights, have systematically lower DPRs. Similar to previous studies, a few sources with the highest DPRs dominate the overall dust production by evolved stars; however, in contrast to the well-studied local dwarf galaxies, the dominant dust-producers in our sample are oxygen-rich. We fit models to the SEDs of our sampled stars to estimate their DPRs, resulting in an integrated value of $4.7 \times 10^{-5} \text{ M}_\odot \text{ yr}^{-1}$ for the entire sample (Section 4.2). We anticipate these can be improved by incorporating more archival photometry.

Our resolved CO(3–2) observations, show significant extended emission on scales of ~ 30 arcsec across many of the sources we selected for mapping (Section 4.3). These data can be used to explore the gas mass-loss history, complementary to existing results on the dust mass-loss history (e.g. Dharmawardena et al. 2018), revealing whether the dust-to-gas ratio varies throughout the circumstellar envelope.

An initial analysis of sub-mm continuum observations from the JCMT shows that the sub-mm emission of evolved stars is generally consistent with blackbody emission in the Rayleigh–Jeans regime (Section 4.4), though two sources stand out for having very shallow (IC 418) or steep (AK Hya) spectral indices. However, the remaining fluxes are up to a factor of 10 higher than the predictions of radiative-transfer models fitted to shorter wavelengths. Comparison with previous publications of spatially resolved dust emission suggests that unexpected large reservoirs of cold dust are present, though we cannot rule out that the properties of the dust are also not well represented by our models.

While a large part of the NESS sample will most likely be too bright for observations with future, sensitive facilities such as the extremely large class of telescopes, *James Webb Space Telescope*, or the Vera C. Rubin Observatory (formerly LSST), the detailed studies of these nearby objects will be necessary to inform studies of more distant sources with those future facilities. The well-constrained dust-

to-gas ratios will prove useful to interpreting observations of resolved extragalactic populations.

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DATA AVAILABILITY

The data underlying this article are available in a number of ways. All raw JCMT observations are stored in the CADC archive

at <https://www.eao Observatory.org/jcmt/science/archive/> and can be accessed under programme IDS M15BP047 and M17BL002. Catalogues containing all data compiled for or produced in this paper are available at <https://evolvedstars.space> and on Github at https://github.com/evolvedstars/NESS_02_OverviewPaper.

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SUPPORTING INFORMATION

Supplementary data are available at [MNRAS](https://mnras.org) online.

Table 1. Table of NESS sources showing first 10 sources to demonstrate the format of the data.

Table 3. Continuum fluxes and spectral indices (α , see Section 4.4) from the initial reduction of the SCUBA-2 data presented here.

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